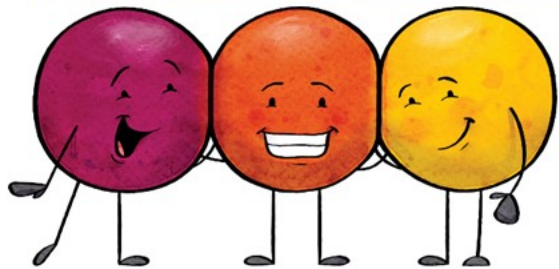
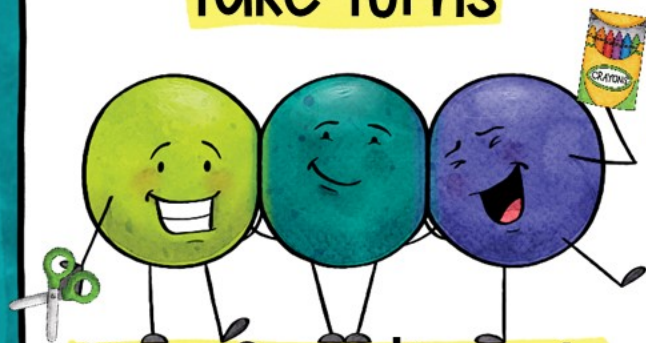


**SOCIAL SKILL OF
THE MONTH
POSTERS
DOT DUDES
FULL COLOR**

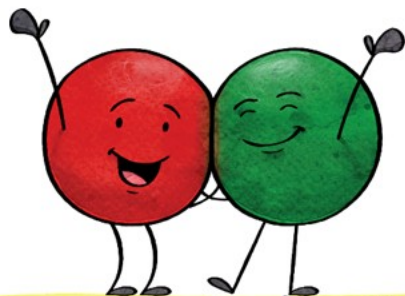
Use Good Manners



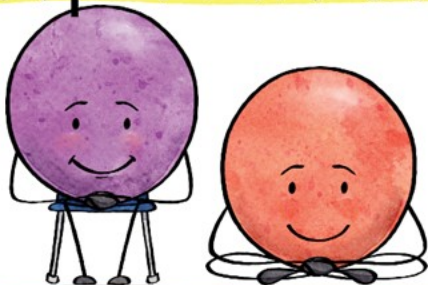
Take Turns



Give Compliments



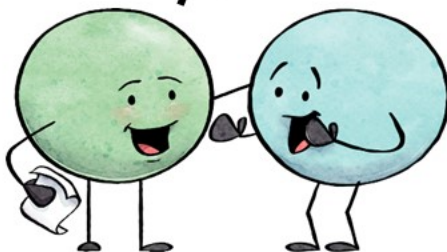
Keep a Safe Body



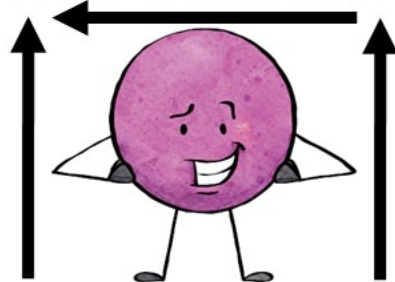
Social Skills

of the month

Make Eye Contact



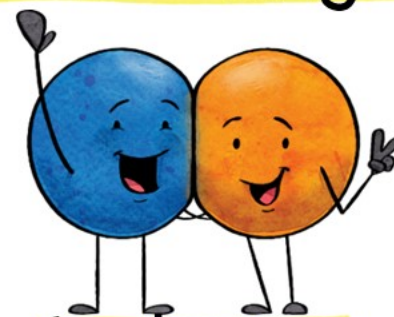
Respect Personal Space



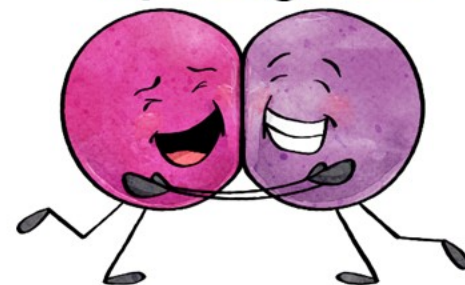
Calm Down



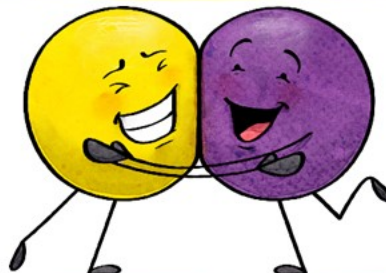
Use I-Messages



Apologize



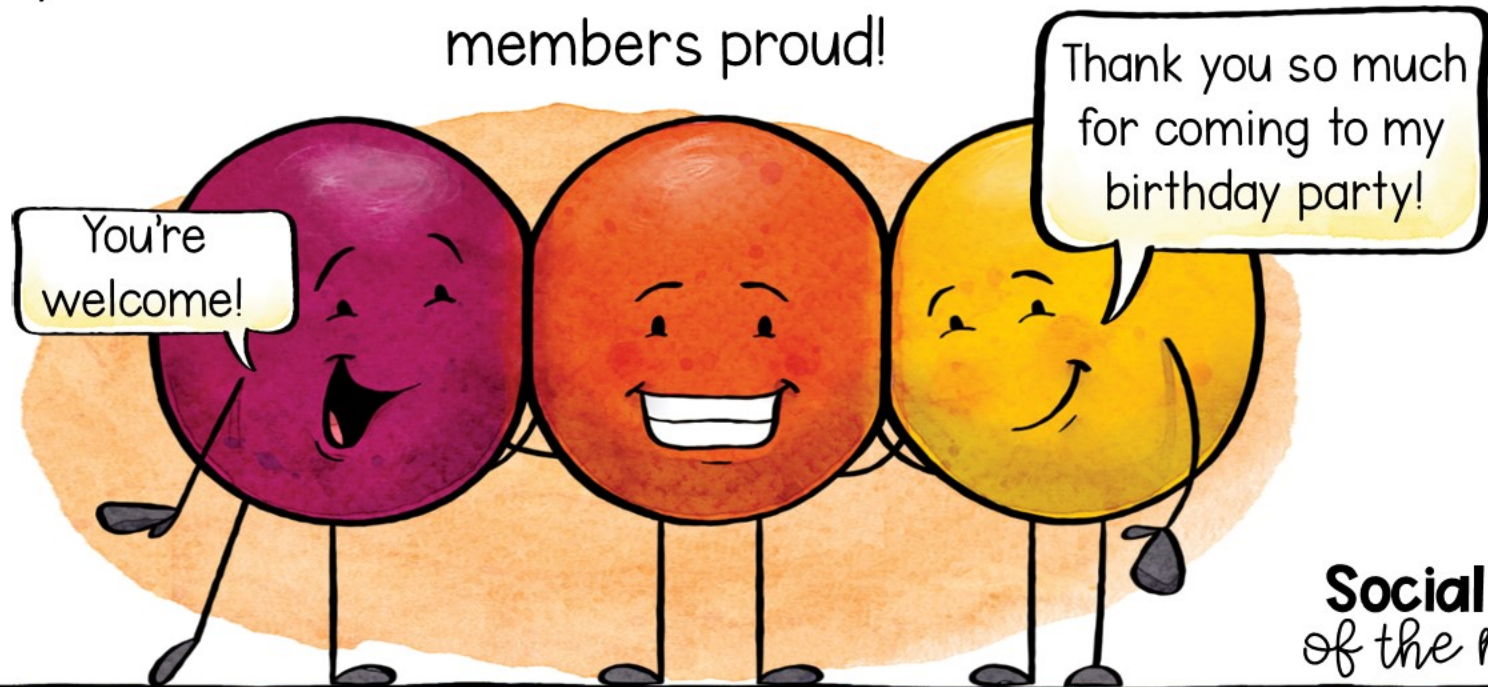
Respect Differences



Use Good Manners:

be polite, kind, and considerate of others

Using good manners is easy to do and takes barely any time at all, but makes a big impact on others! We can say please, thank you, and you're welcome; open the door for others; let others go first; make eye contact; and more! When we use good manners, we show that we care for others and their happiness. Practicing good manners is a great way to make new friends and make our teachers and family members proud!

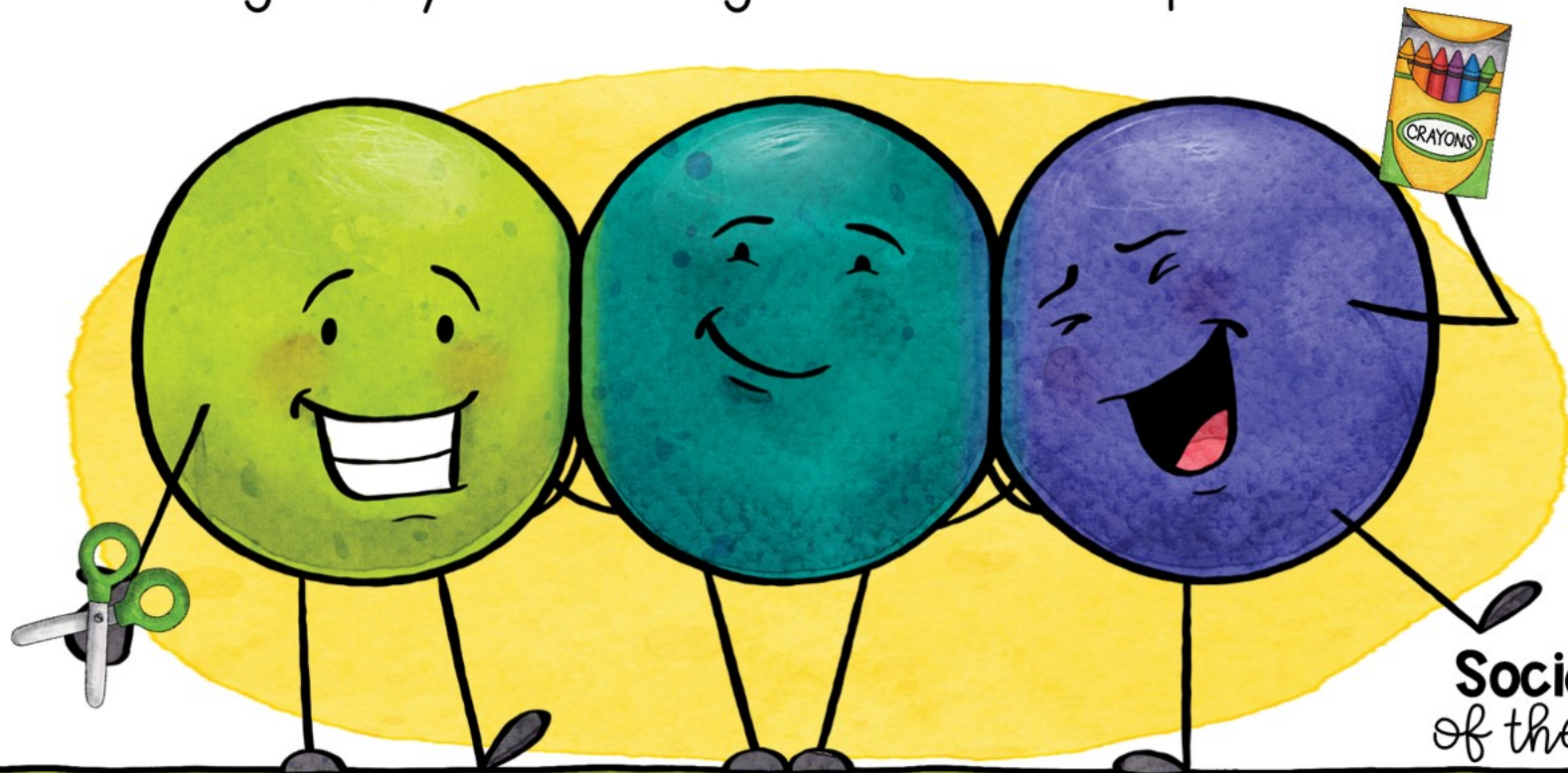


Social Skill
of the month

Take Turns:

share, cooperate, and wait patiently for your turn

We show respect, kindness, and care for others when we make sure everyone has a fair chance to play and learn. When we share and take turns, everyone has fun and feels like they belong! Try to be patient and calm when waiting for your turn and feel proud knowing that you're being a kind and respectful friend!

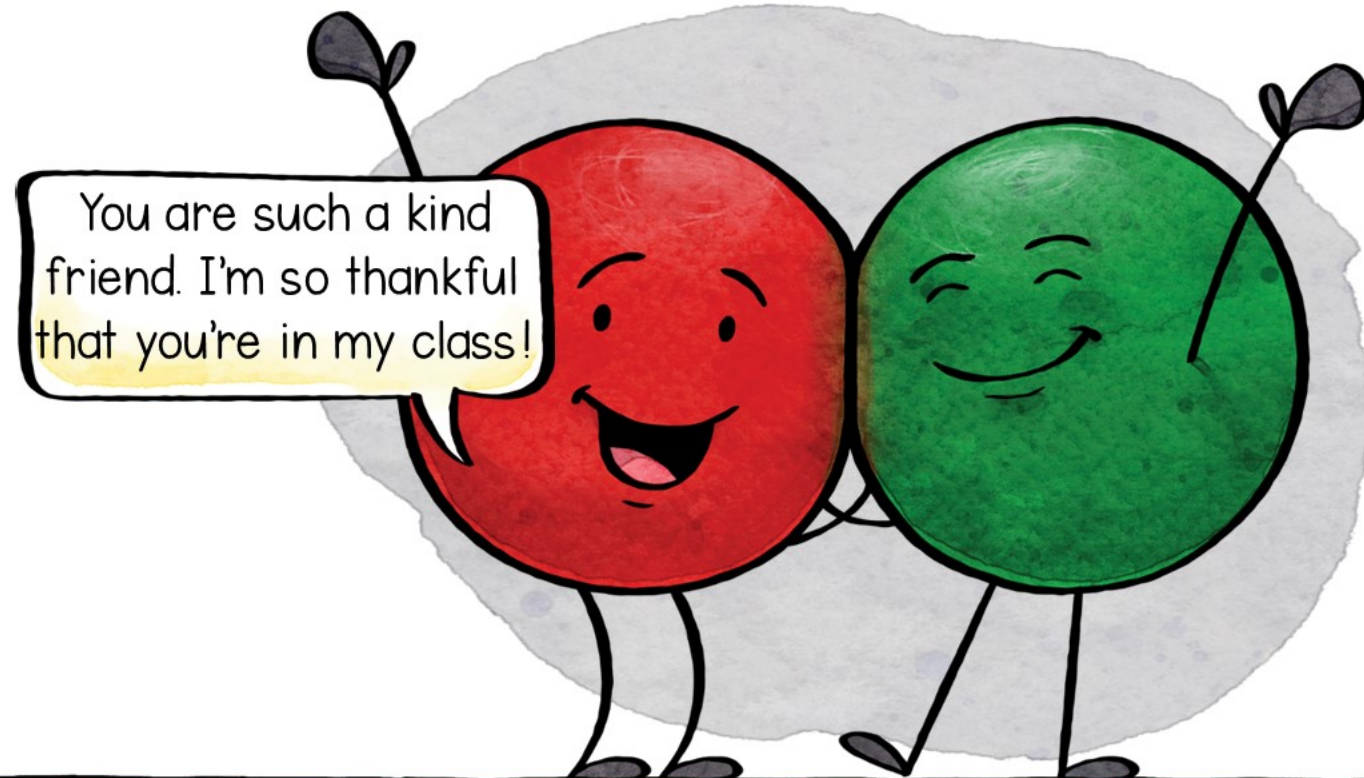


Social Skill
of the month

Give Compliments:

praise someone by telling them what makes them special

Giving someone a genuine compliment (that you really mean!) can make their day! Compliments are easy to give and don't take any time at all but can really make someone feel great inside – and help you make a new friend! You can tell them that they're kind, smart, beautiful, funny, or polite – anything that comes from the heart!

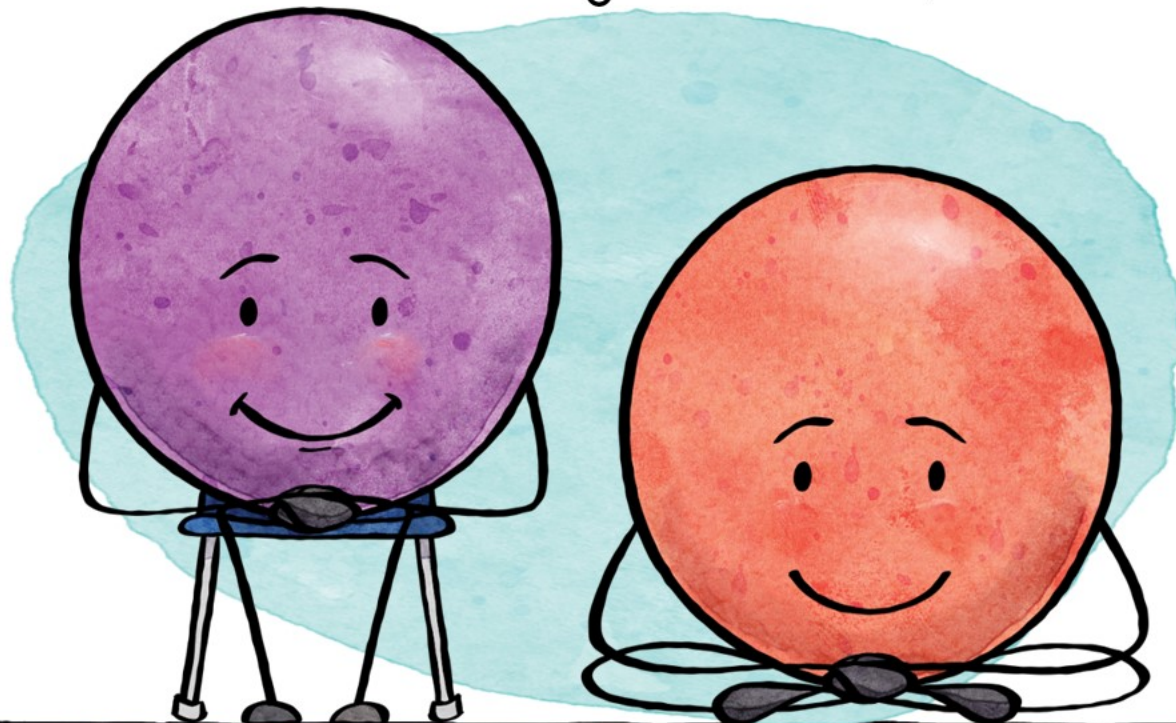


Social Skill
of the month

Keep a Safe Body:

keep your hands and feet to yourself

Hands are not for hitting, pushing, shoving, or hurting. Touching others or their belongings without asking them first can make them feel uncomfortable and unsafe. Hands are for helping, learning, playing, meeting a new friend, and loving. We solve problems with others using our words, not our bodies.

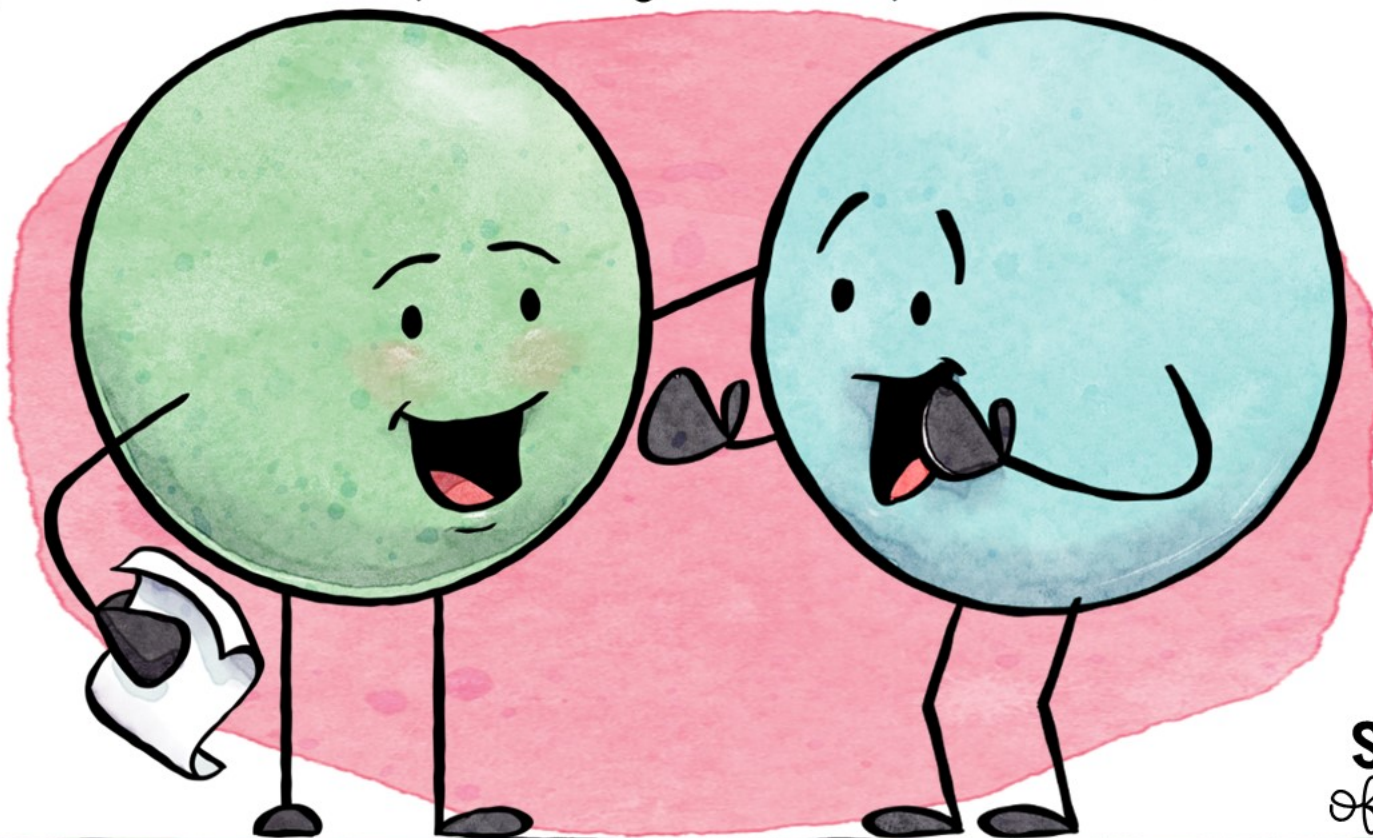


Social Skill
of the month

Make Eye Contact:

look at the speaker in their eyes

When your teacher, friend, or family member is speaking, look directly in their eyes. Making eye contact shows the other person that we are listening and that we value what they are saying to us. Eye contact is a polite sign of respect, love, and care!

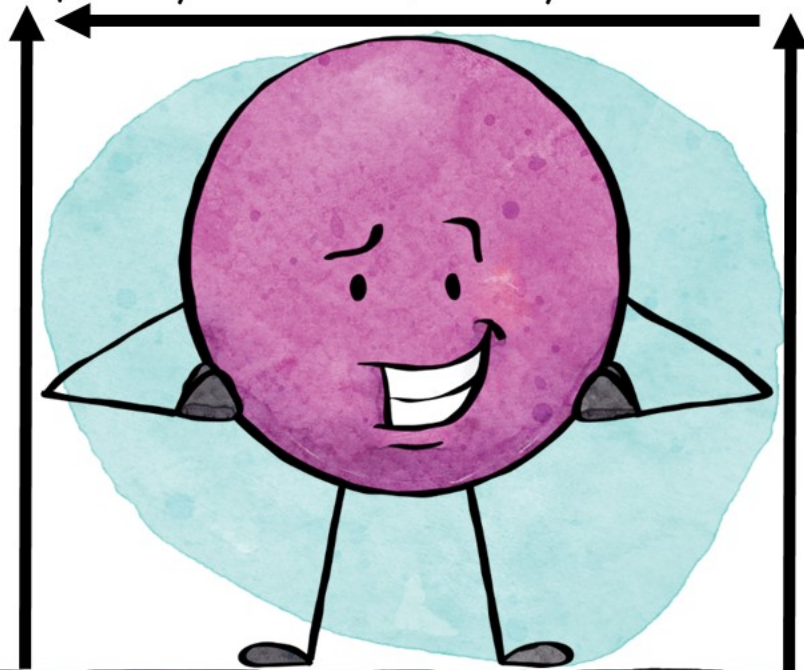


Social Skill
of the month

Personal Space:

respect others' "space bubble"

Personal space is the amount of room we need to feel safe, comfortable, and happy. You can put a hula hoop around your waist or stick your arms straight out by your sides to get an idea of how big your "space bubble" is. The size of your space bubble may change depending on who you are with and how well you know them. Sometimes when others get too close, we may feel squished, uncomfortable, and even unsafe. When we keep our hands to ourselves and give others plenty of room, everyone feels happy!



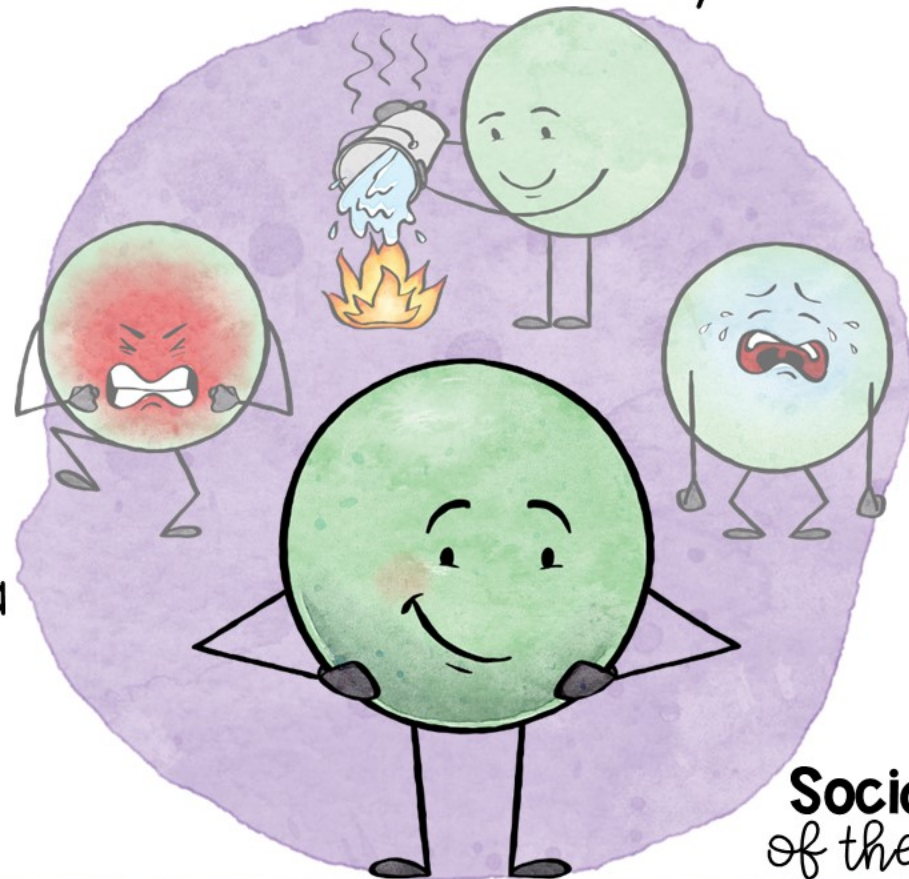
Social Skill
of the month

Calm Down:

take control of your feelings and relax

All of us feel angry and frustrated sometimes. But, it is important to learn how to control our mad feelings so they don't cause us to make sad choices. Here are some ideas for you:

- Take deep breaths
- Count to 10
- Go for a walk
- Think happy thoughts
- Take a break
- Listen to music
- Get some fresh air
- Talk out your feelings with a grown-up you trust
- Draw or write



Social Skill
of the month

Use I Messages:

use your words to solve problems peacefully in 3 steps:

Step 1: Tell them how you feel! "I felt..."

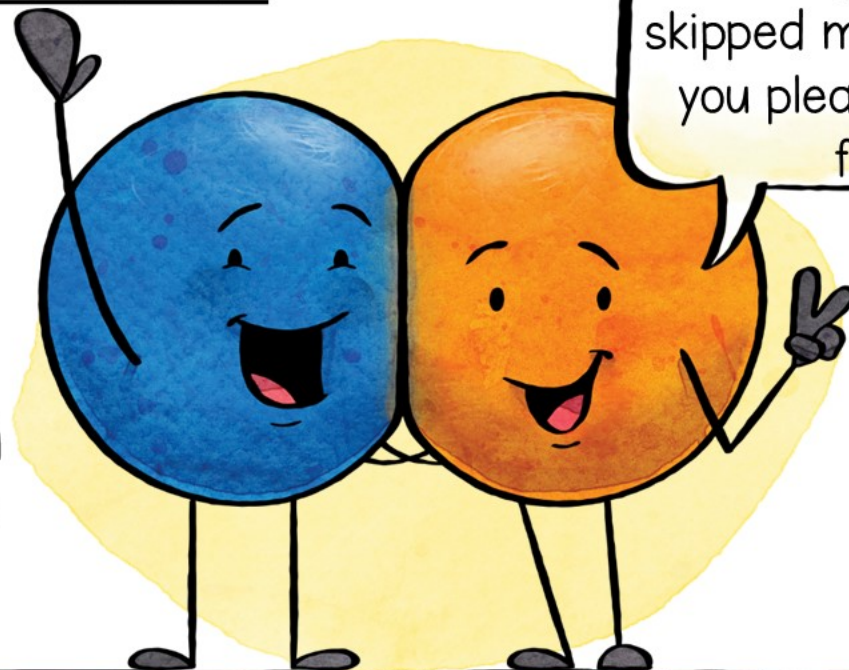
Step 2: Explain what they did! "when you..."

Step 3: Share what would help you feel better!

"can you please _____?"

Example:

I felt sad when you wouldn't let me play tag. Can I please join the game next time?



Social Skill
of the month

Apologize:

show you're genuinely sorry and truly care

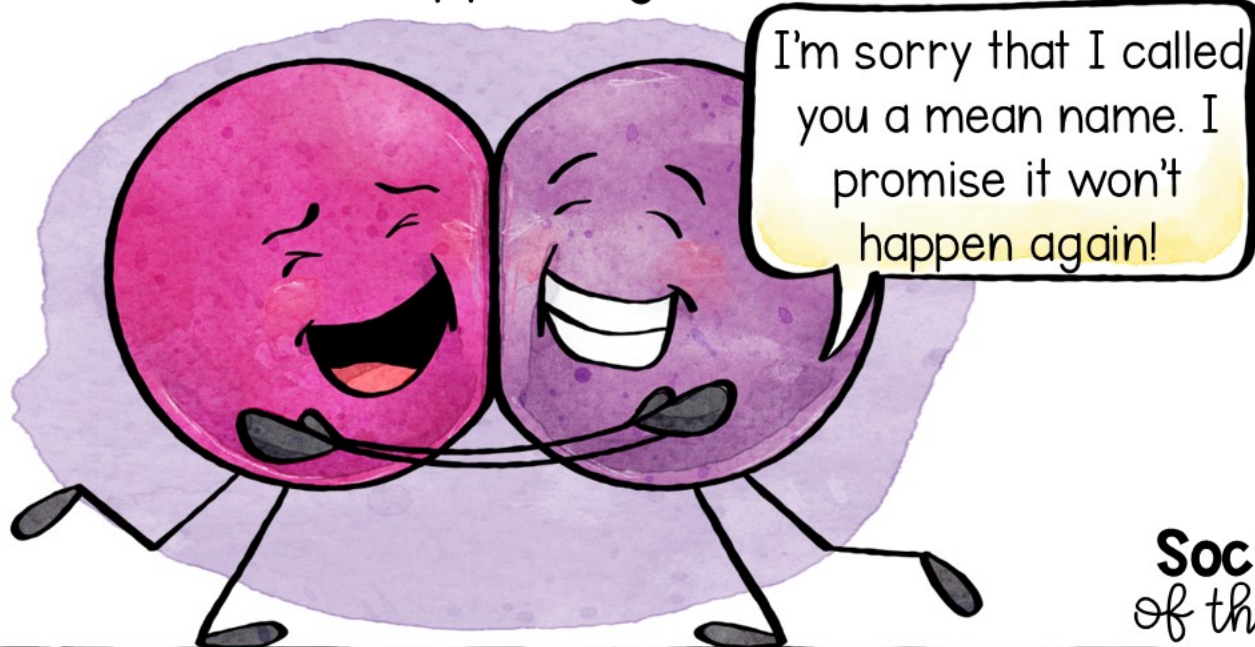
Just saying you're sorry isn't enough. When you apologize, use a kind, genuine, and respectful tone of voice.

Follow these 3 steps for a sincere apology:

Step 1: Start by saying, "I'm sorry," or "I apologize"

Step 2: Accept responsibility and admit what you did

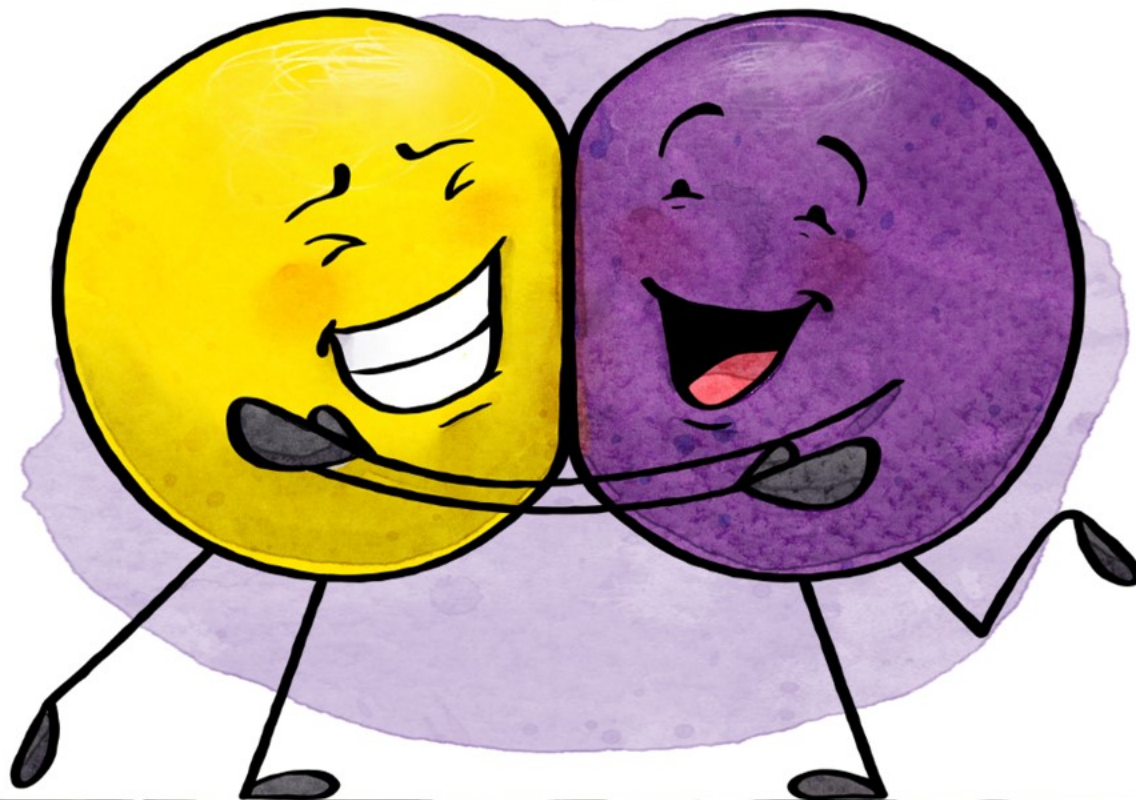
Step 3: Promise it won't happen again – and follow through!



Social Skill
of the month

Respect Differences:

show love, tolerance, and acceptance for what makes us unique
Our world is such a beautiful and exciting place because we are all so different! We have different likes and dislikes, talents, abilities, cultures, languages, beliefs, and more! It is important that we value and appreciate the things that make our friends different from us. Our planet would be a very boring place if we were all the same!



Social Skill
of the month

**DOT DUDES
CERTIFICATES
FULL COLOR**

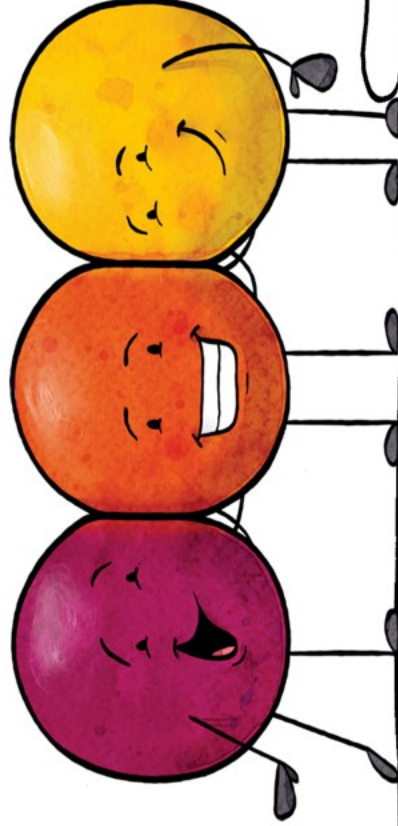
CONGRATULATIONS!

You've been caught

USING GOOD MANNERS!

Date

Signature



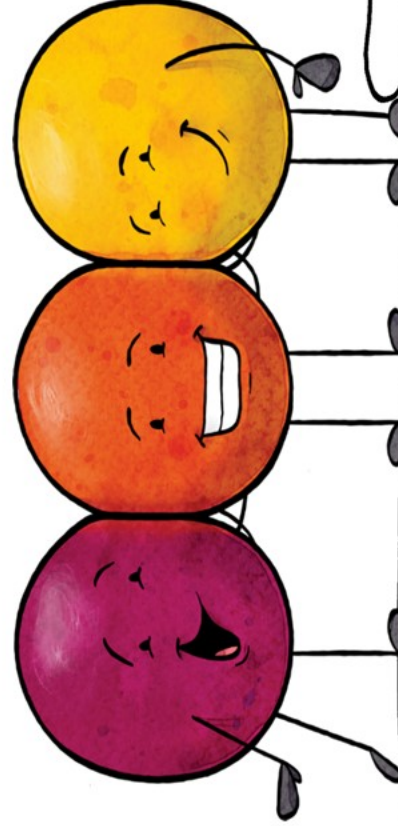
CONGRATULATIONS!

You've been caught

USING GOOD MANNERS!

Date

Signature

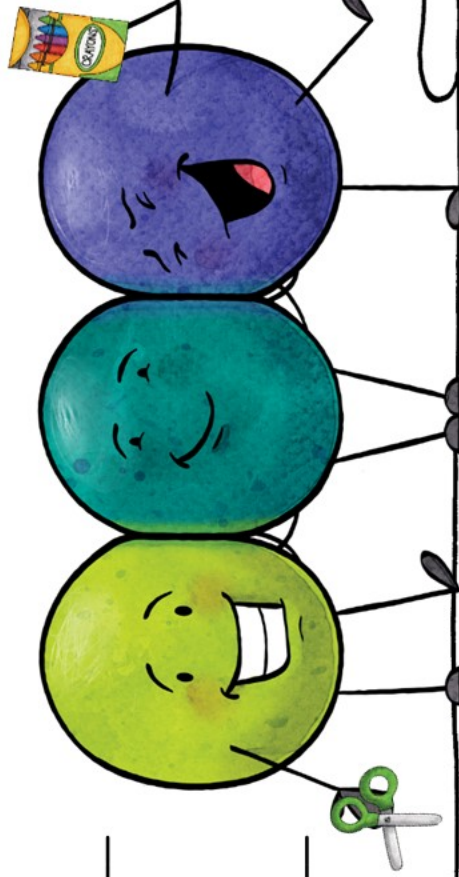


CONGRATULATIONS!

You've been caught
TAKING TURNS!

Date

Signature

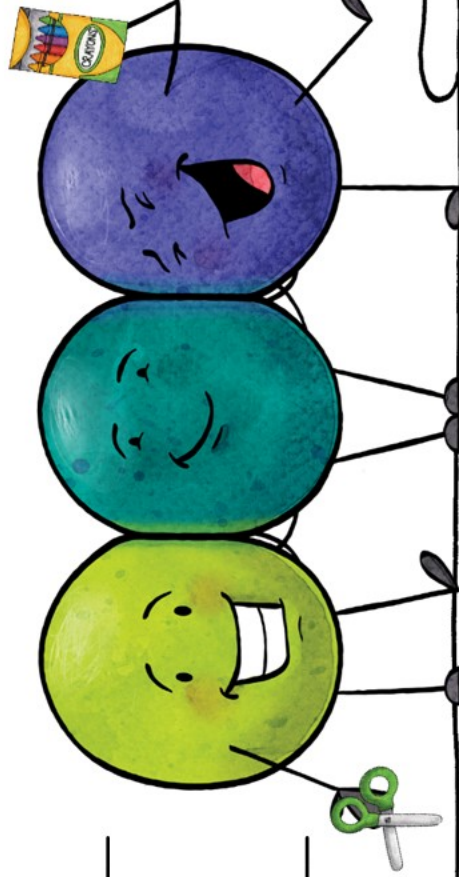


CONGRATULATIONS!

You've been caught
TAKING TURNS!

Date

Signature



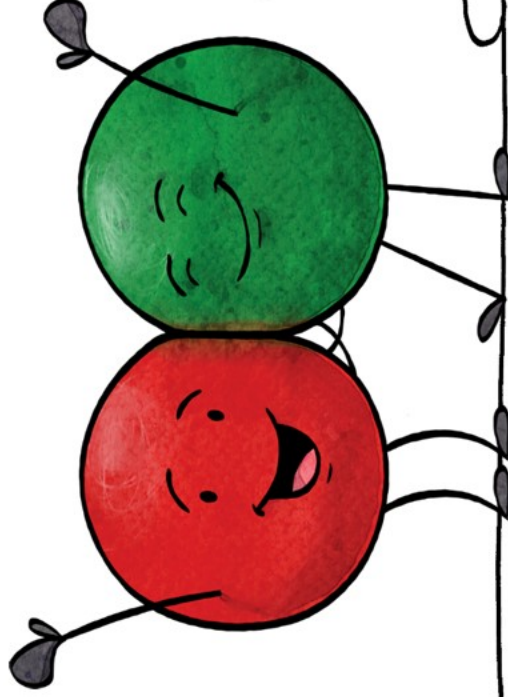
CONGRATULATIONS!

You've been caught

GIVING COMPLIMENTS!

Date

Signature



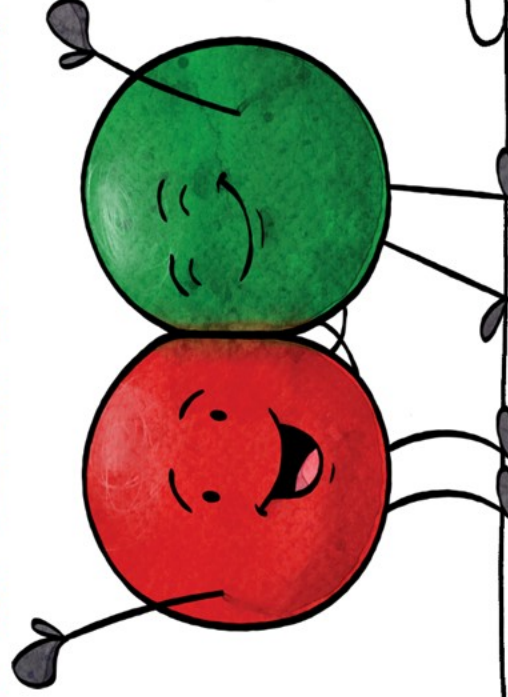
CONGRATULATIONS!

You've been caught

GIVING COMPLIMENTS!

Date

Signature



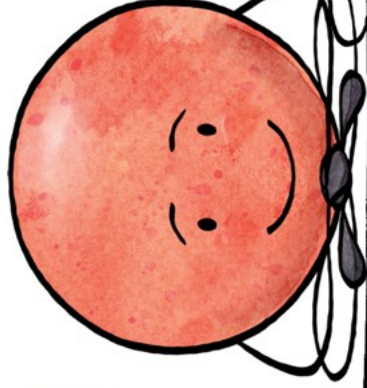
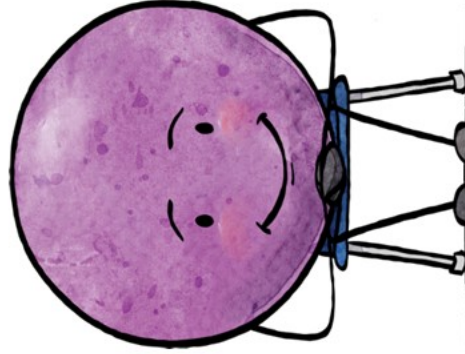
CONGRATULATIONS!

You've been caught

KEEPING A SAFE BODY!

Date

Signature



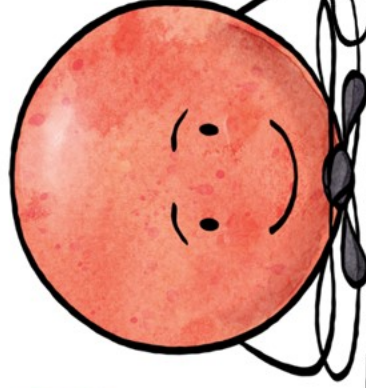
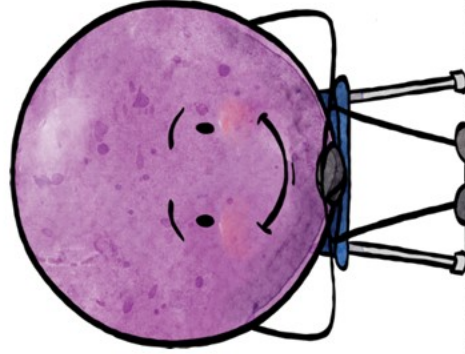
CONGRATULATIONS!

You've been caught

KEEPING A SAFE BODY!

Date

Signature



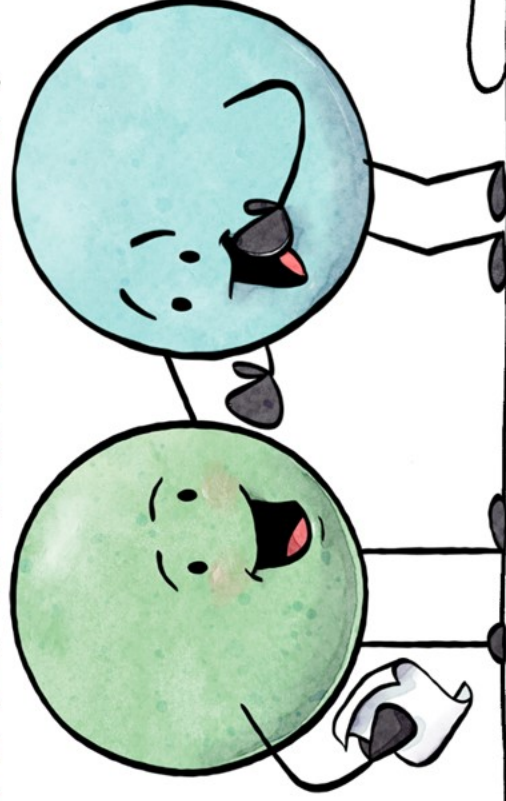
CONGRATULATIONS!

You've been caught

MAKING EYE CONTACT!

Date

Signature



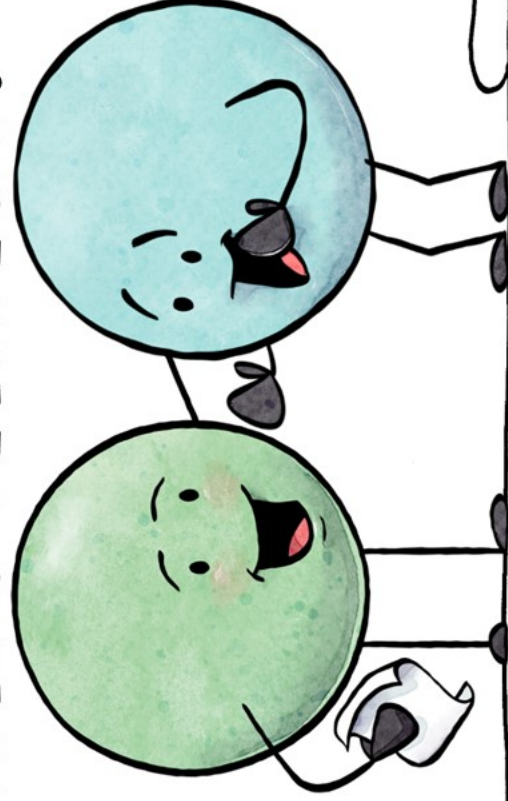
CONGRATULATIONS!

You've been caught

MAKING EYE CONTACT!

Date

Signature

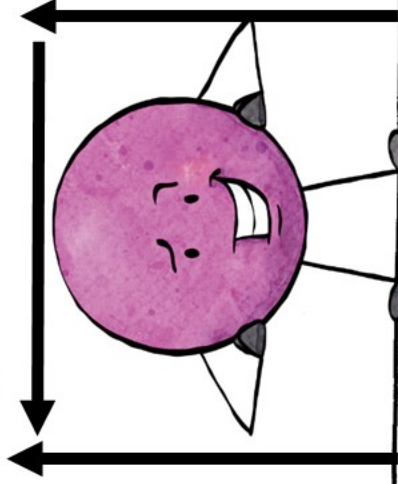


CONGRATULATIONS!

You've been caught
**RESPECTING PERSONAL
SPACE!**

Date

Signature

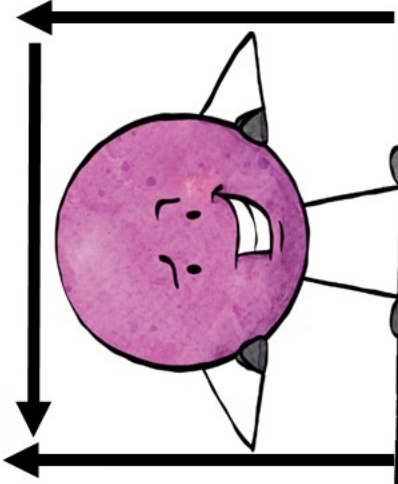


CONGRATULATIONS!

You've been caught
**RESPECTING PERSONAL
SPACE!**

Date

Signature

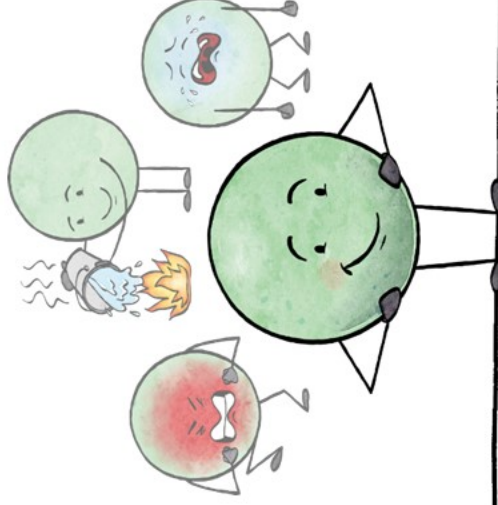


CONGRATULATIONS!

You've been caught
CALMING DOWN!

Date

Signature



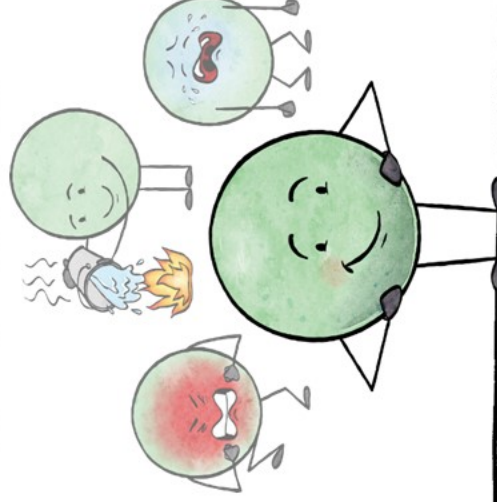
© Music City Counselor

CONGRATULATIONS!

You've been caught
CALMING DOWN!

Date

Signature



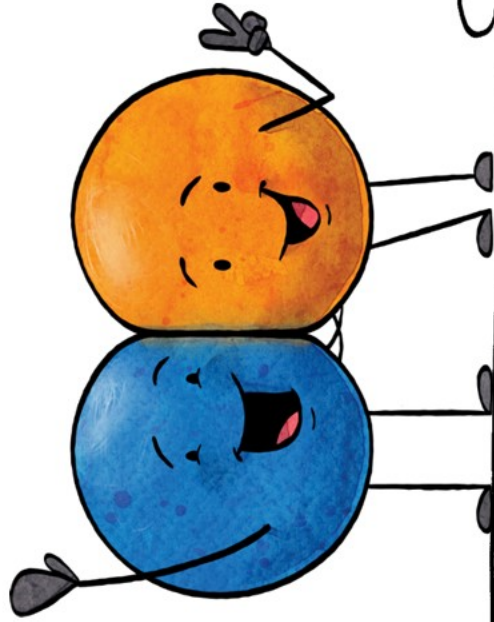
© Music City Counselor

CONGRATULATIONS!

You've been caught
USING I MESSAGES!

Date

Signature

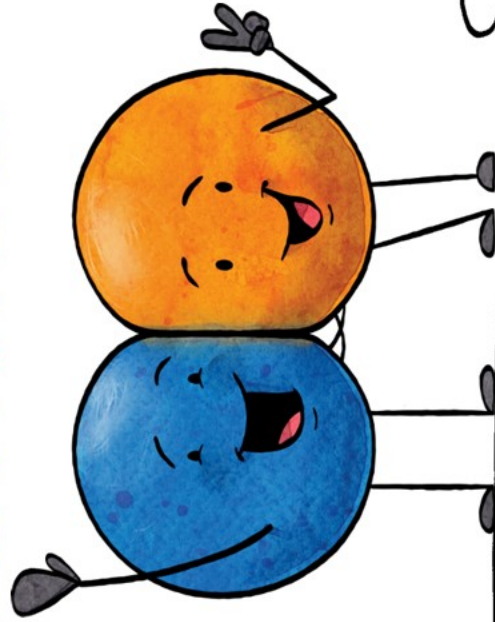


CONGRATULATIONS!

You've been caught
USING I MESSAGES!

Date

Signature

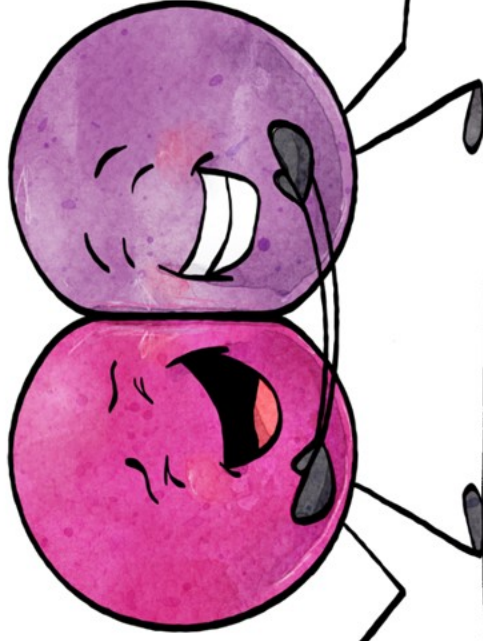


CONGRATULATIONS!

You've been caught
APOLOGIZING!

Date

Signature

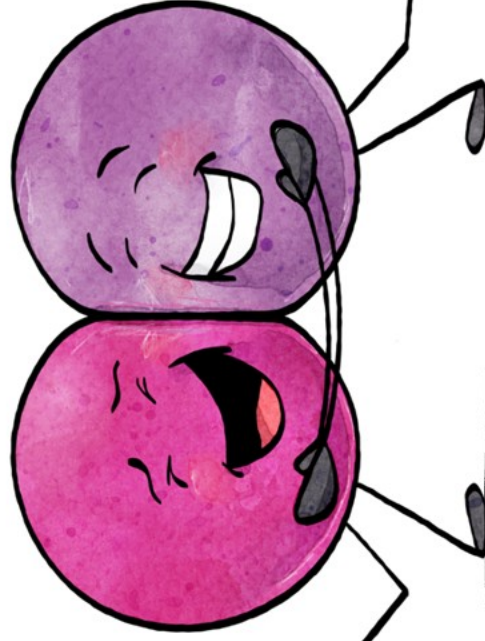


CONGRATULATIONS!

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APOLOGIZING!

Date

Signature



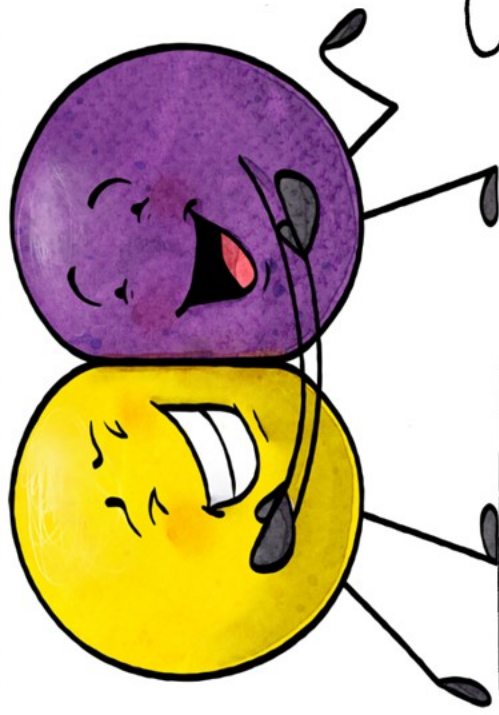
CONGRATULATIONS!

You've been caught

RESPECTING DIFFERENCES!

Date

Signature



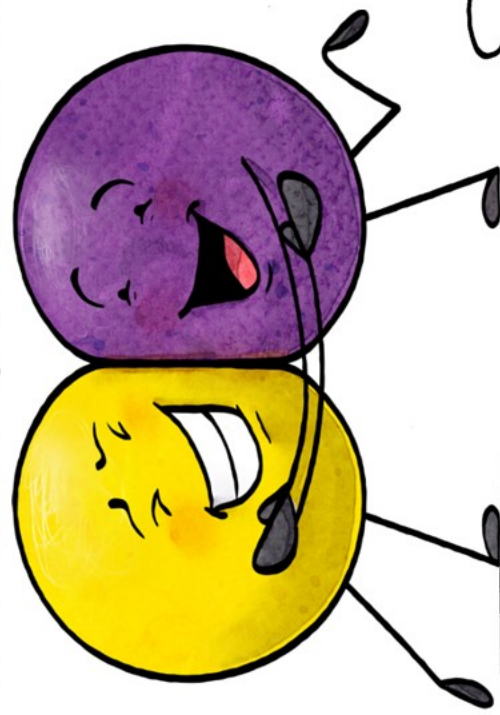
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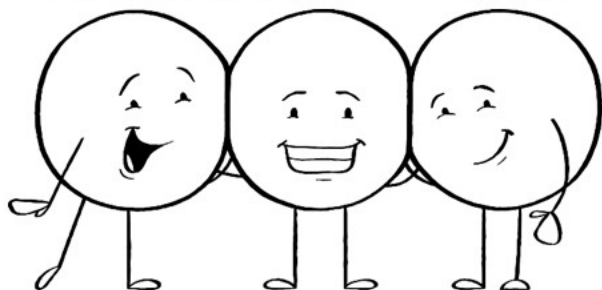
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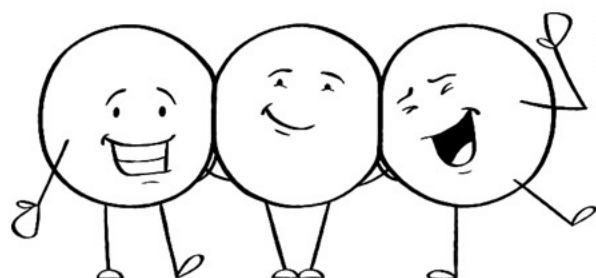


**SOCIAL SKILL
OF THE MONTH
BLACK LINE
DOT DUDES**

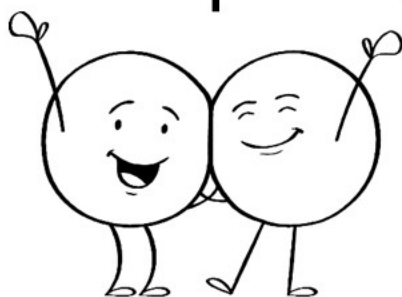
Use Good Manners



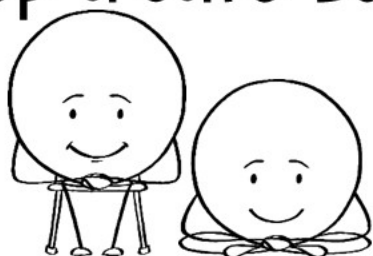
Take Turns



Give Compliments



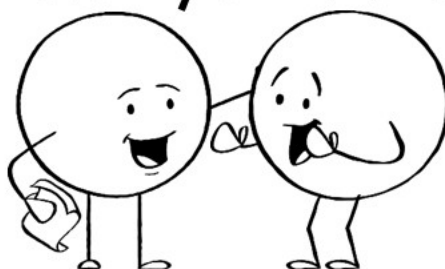
Keep a Safe Body



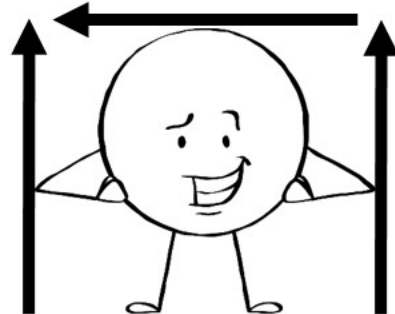
Social Skills

of the month

Make Eye Contact



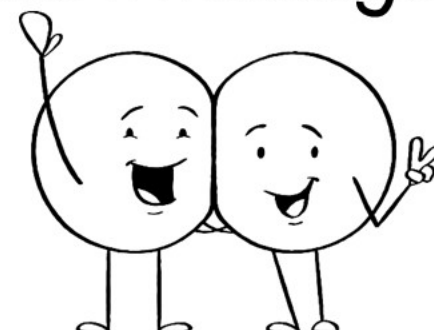
Respect Personal Space



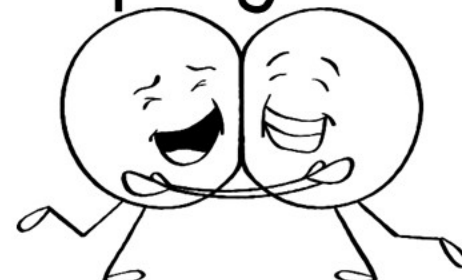
Calm Down



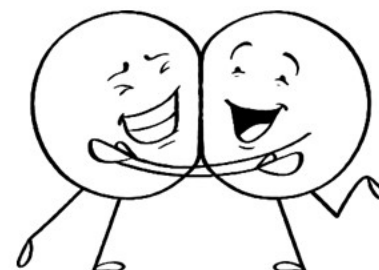
Use I-Messages



Apologize



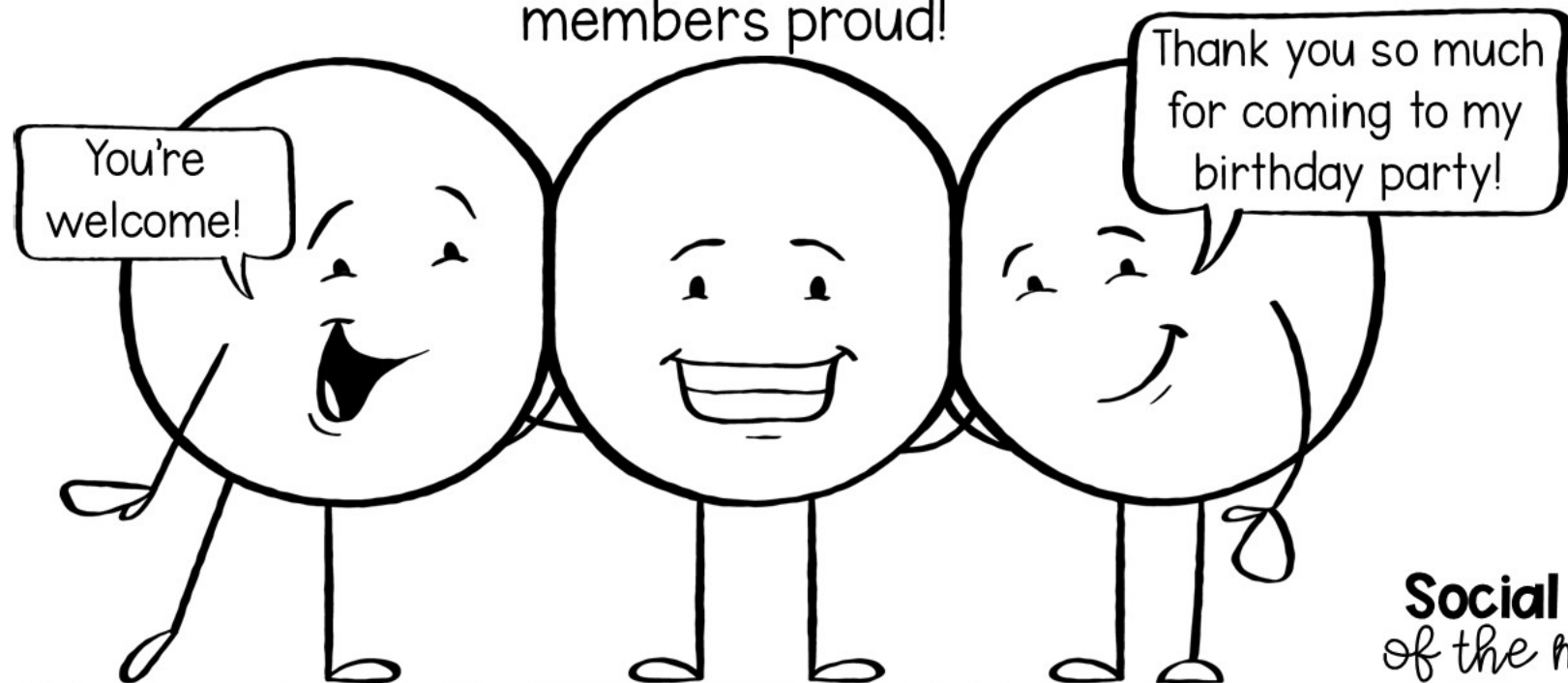
Respect Differences



Use Good Manners:

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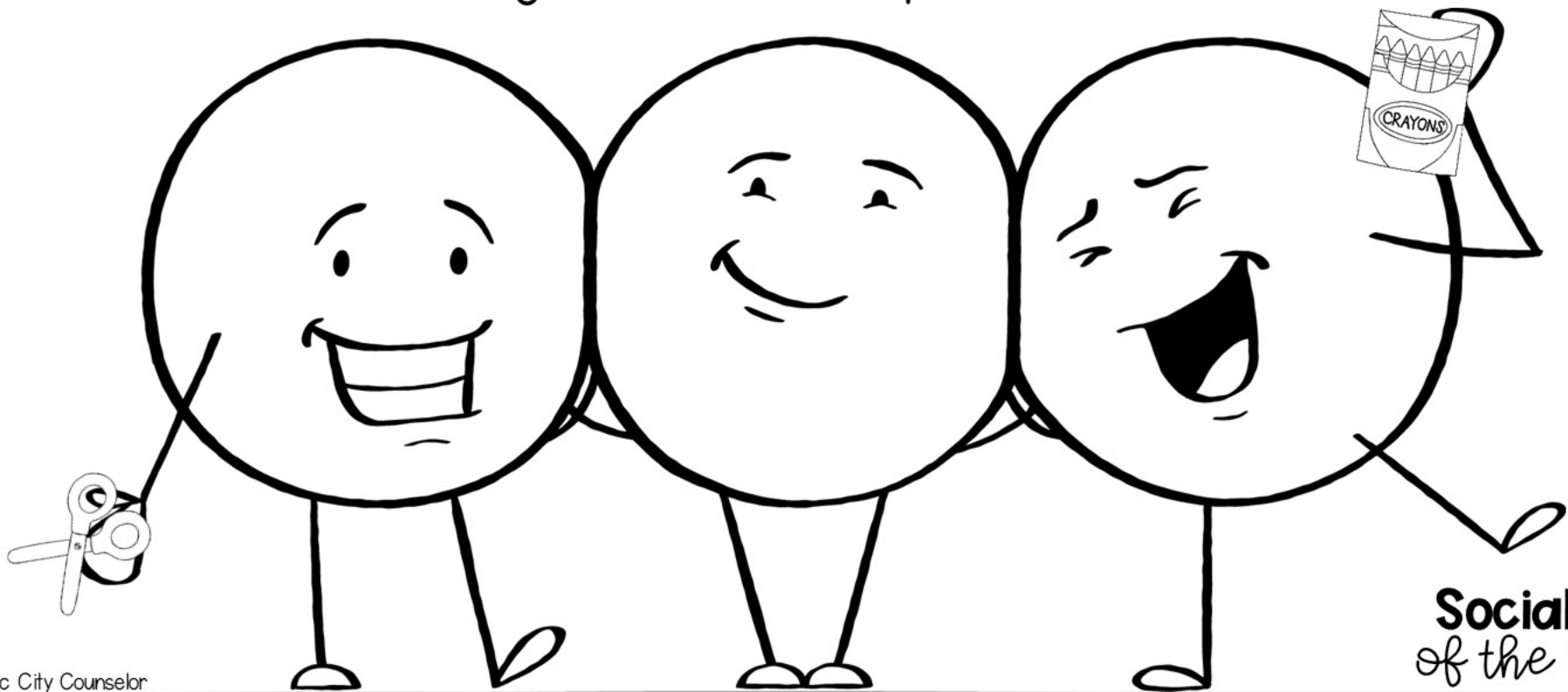
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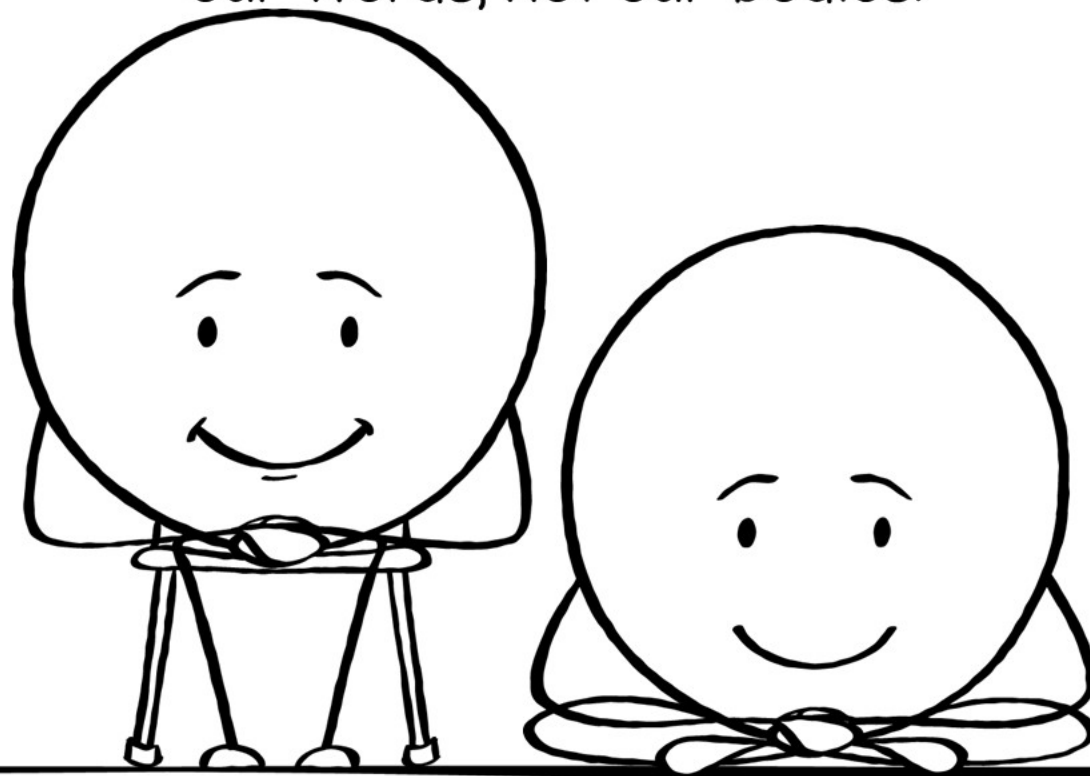


Social Skill
of the month

Keep a Safe Body:

keep your hands and feet to yourself

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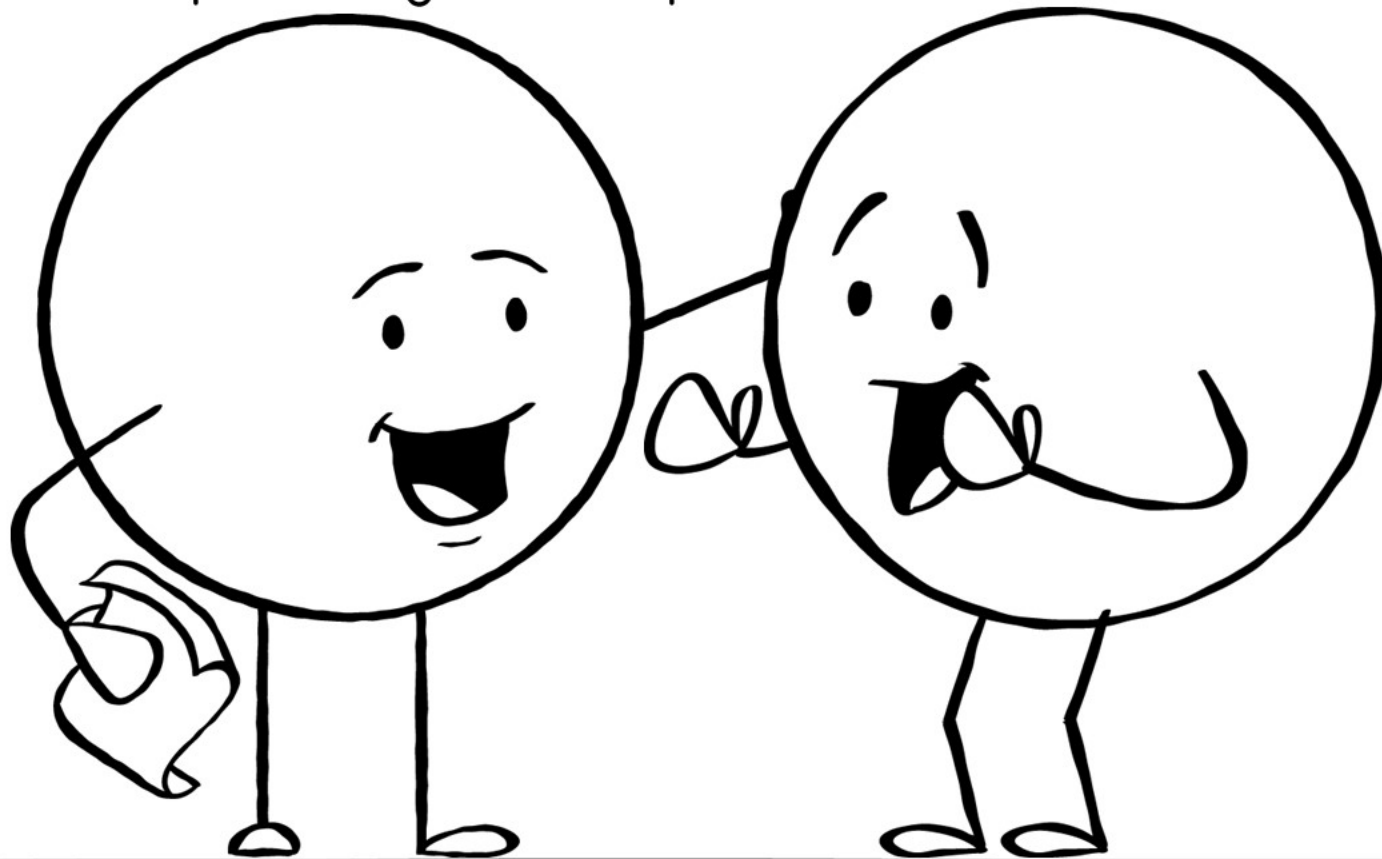


Social Skill
of the month

Make Eye Contact:

look at the speaker in their eyes

When your teacher, friend, or family member is speaking, look directly in their eyes. Making eye contact shows the other person that we are listening and that we value what they are saying to us. Eye contact is a polite sign of respect, love, and care!



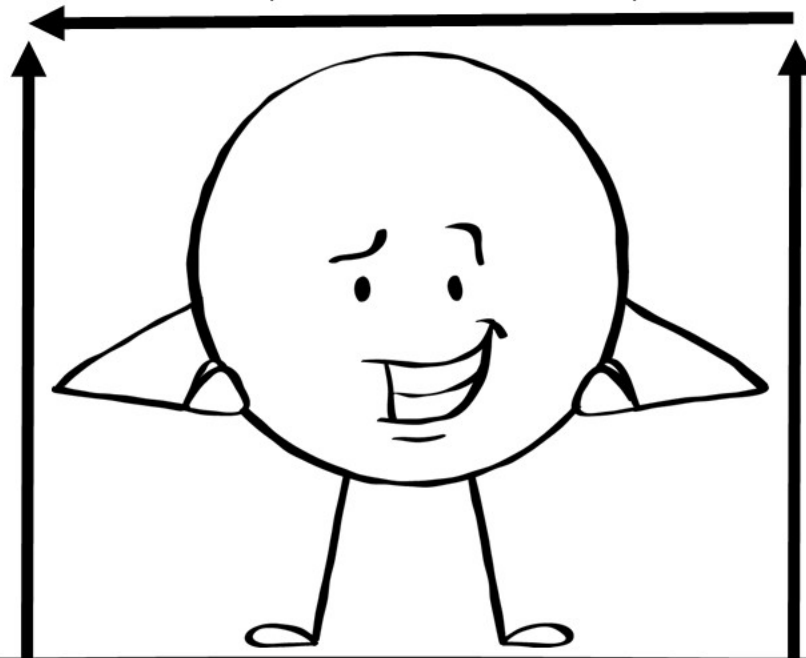
Personal Space:

respect others' "space bubble"

Personal space is the amount of room we need to feel safe, comfortable, and happy.

You can put a hula hoop around your waist or stick your arms straight out by your sides to get an idea of how big your "space bubble" is. The size of your space bubble may change depending on who you are with and how well you know them.

Sometimes when others get too close, we may feel squished, uncomfortable, and even unsafe. When we keep our hands to ourselves and give others plenty of room, everyone feels happy!



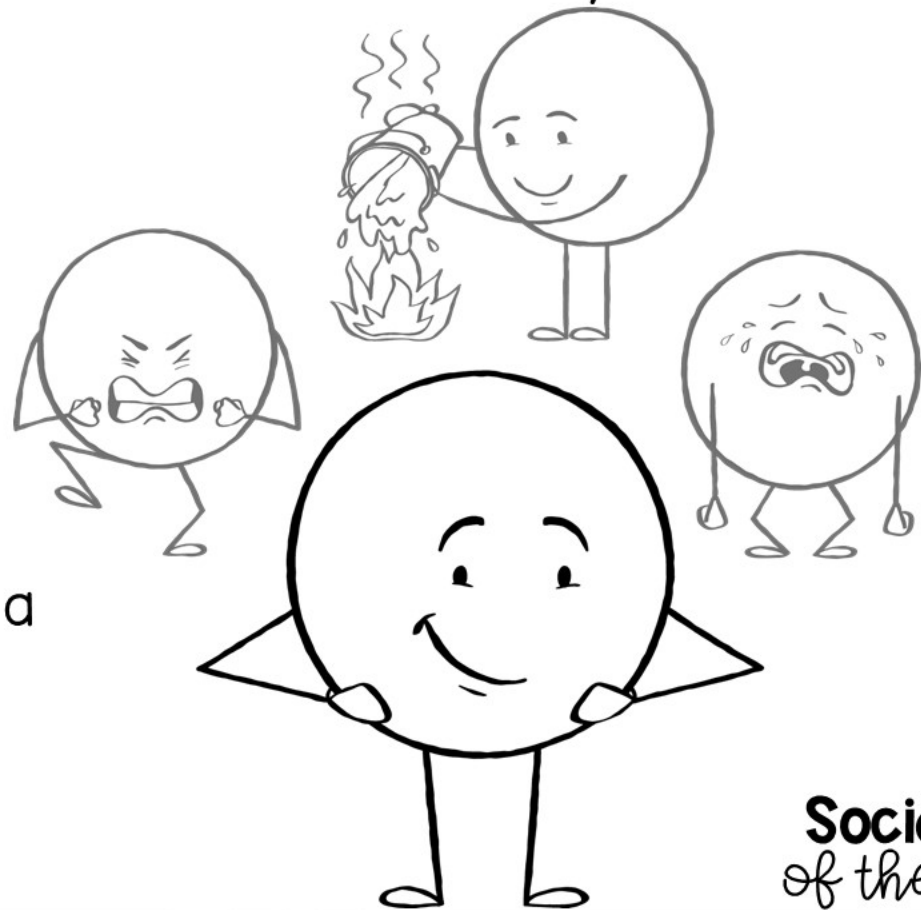
Social Skill
of the month

Calm Down:

take control of your feelings and relax

All of us feel angry and frustrated sometimes. But, it is important to learn how to control our mad feelings so they don't cause us to make sad choices. Here are some ideas for you:

- Take deep breaths
- Count to 10
- Go for a walk
- Think happy thoughts
- Take a break
- Listen to music
- Get some fresh air
- Talk out your feelings with a grown-up you trust
- Draw or write



Social Skill
of the month

Use I-Messages:

use your words to solve problems peacefully in 3 steps:

Step 1: Tell them how you feel! "I felt..."

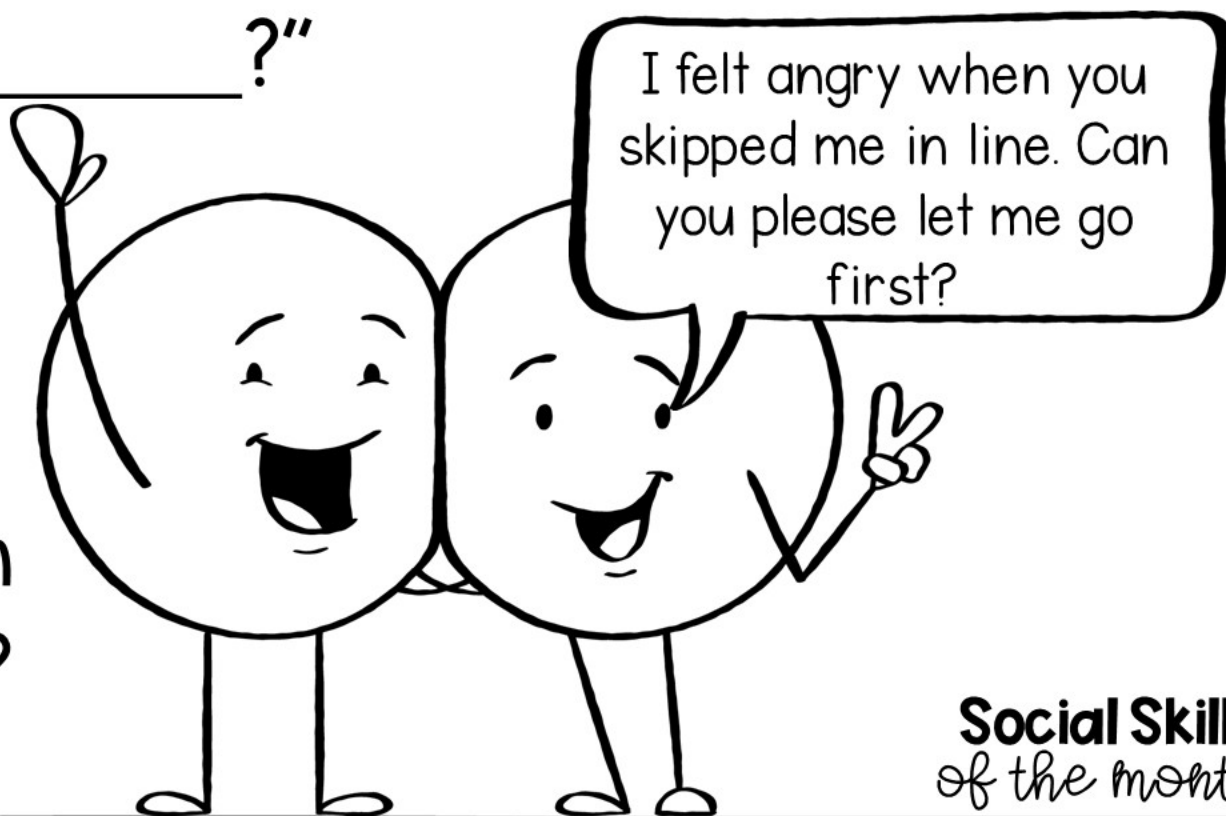
Step 2: Explain what they did! "when you..."

Step 3: Share what would help you feel better!

"can you please _____?"

Example:

I felt sad when you wouldn't let me play tag. Can I please join the game next time?



Social Skill
of the month

Apologize:

show you're genuinely sorry and truly care

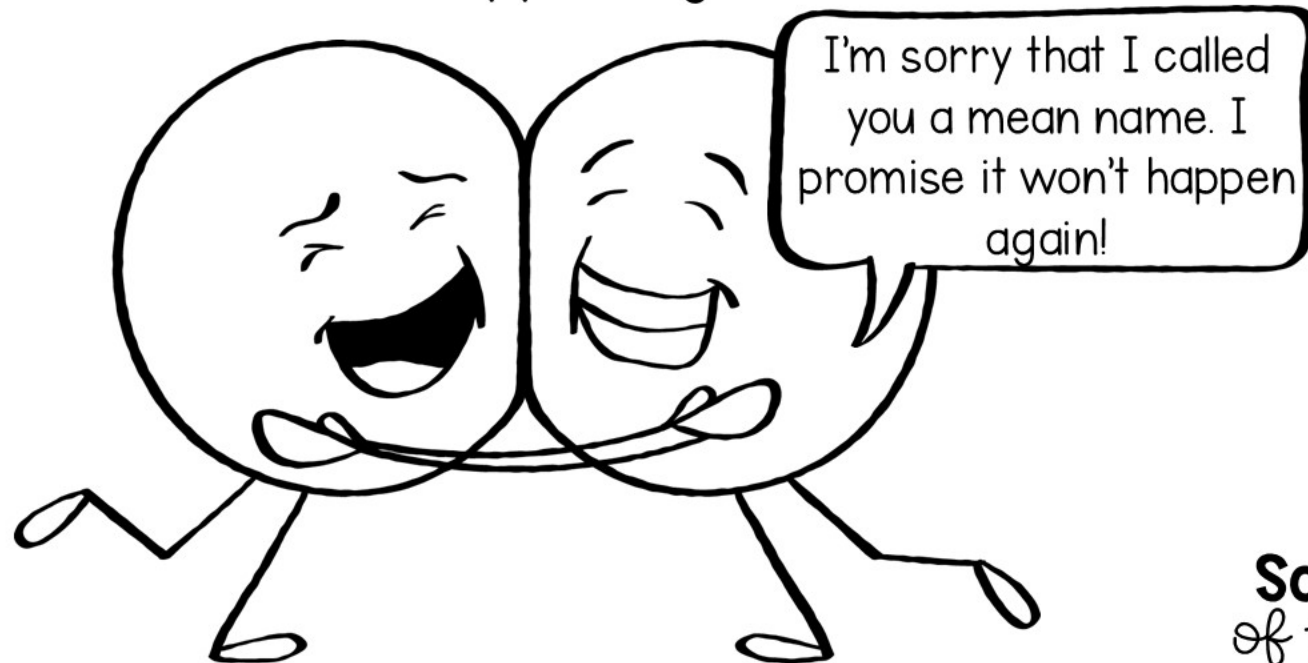
Just saying you're sorry isn't enough. When you apologize, use a kind, genuine, and respectful tone of voice.

Follow these 3 steps for a sincere apology:

Step 1: Start by saying, "I'm sorry," or "I apologize"

Step 2: Accept responsibility and admit what you did

Step 3: Promise it won't happen again – and follow through!

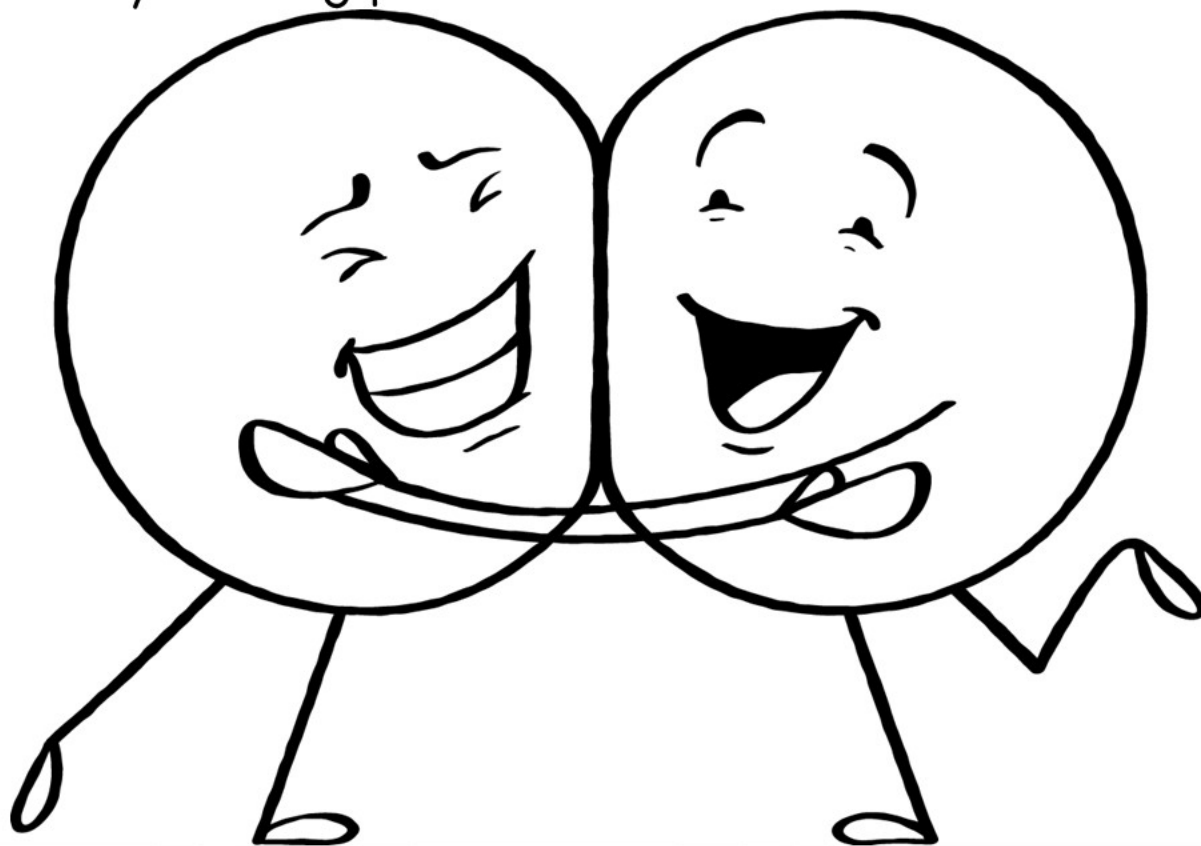


Social Skill
of the month

Respect Differences:

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Social Skill
of the month

CERTIFICATES
BLACK LINE
DOT DUDES

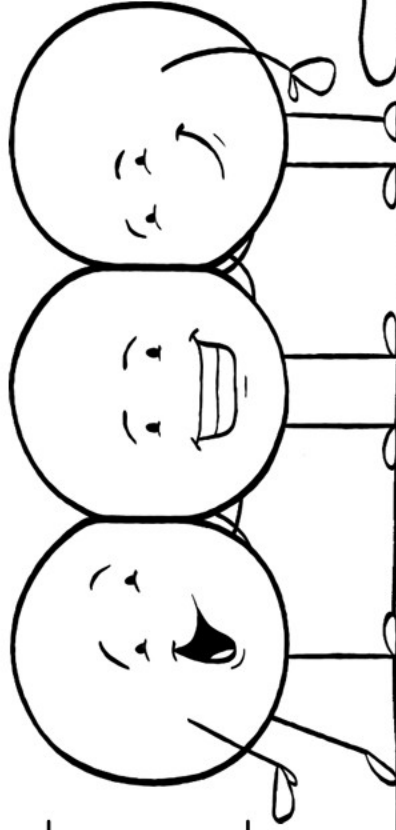
CONGRATULATIONS!

You've been caught

USING GOOD MANNERS!

Date

Signature



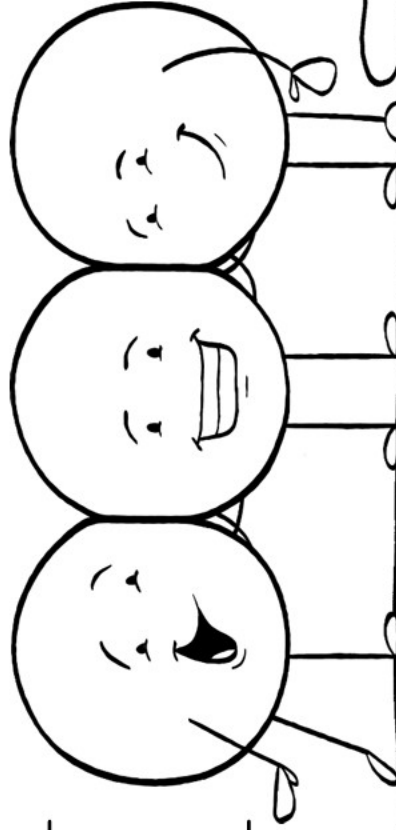
CONGRATULATIONS!

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Signature

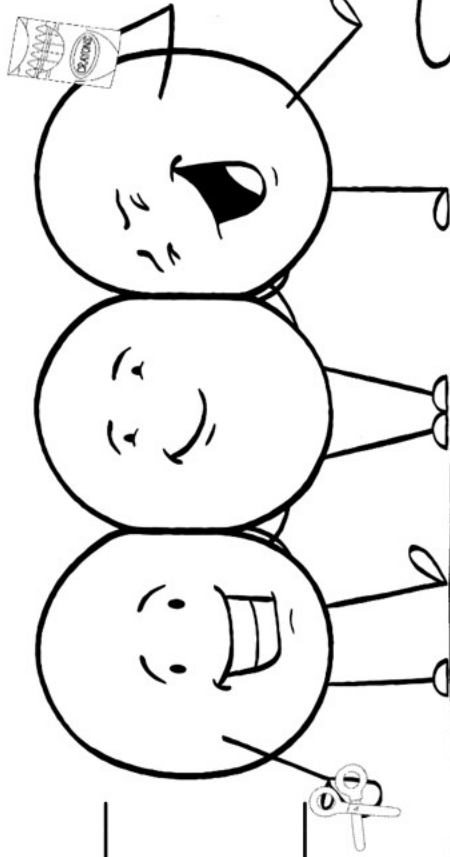


CONGRATULATIONS!

You've been caught
TAKING TURNS!

Date

Signature

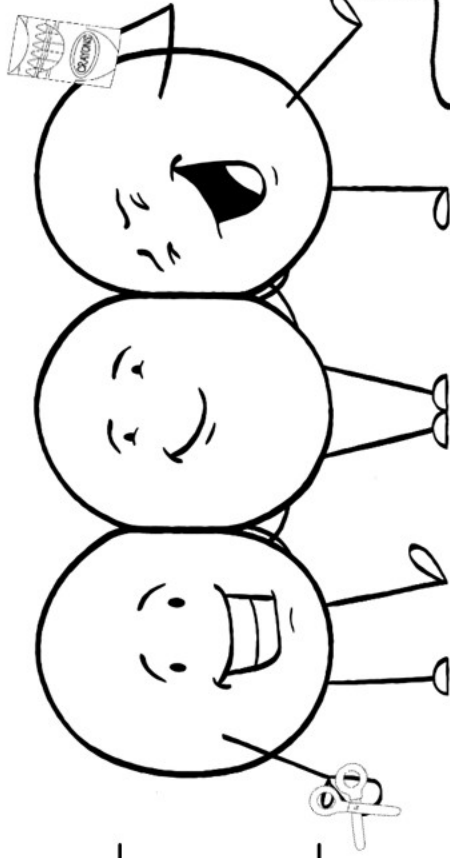


CONGRATULATIONS!

You've been caught
TAKING TURNS!

Date

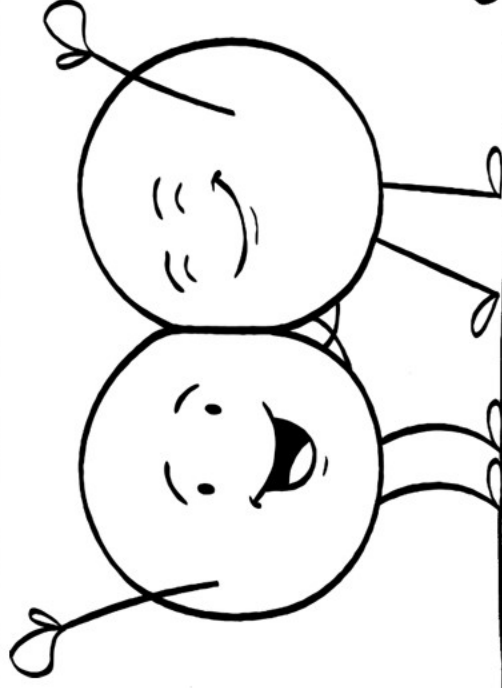
Signature



CONGRATULATIONS!

You've been caught

GIVING COMPLIMENTS!



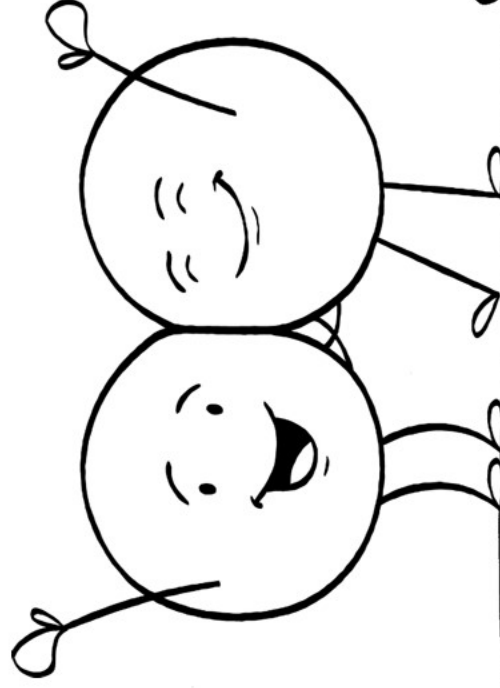
Date

Signature

CONGRATULATIONS!

You've been caught

GIVING COMPLIMENTS!



Date

Signature

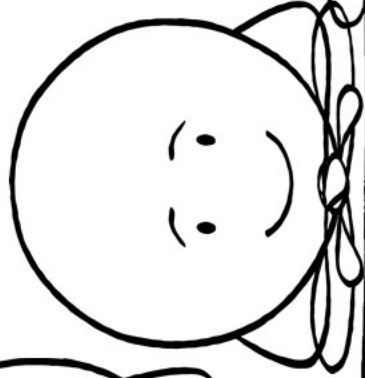
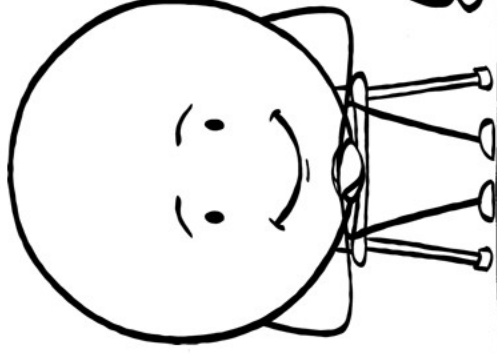
CONGRATULATIONS!

You've been caught

KEEPING A SAFE BODY!

Date

Signature



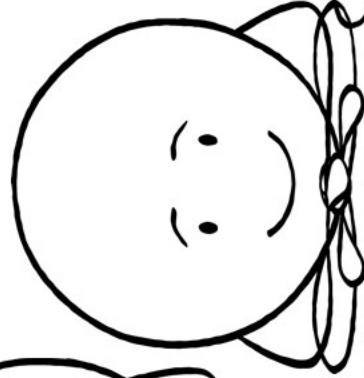
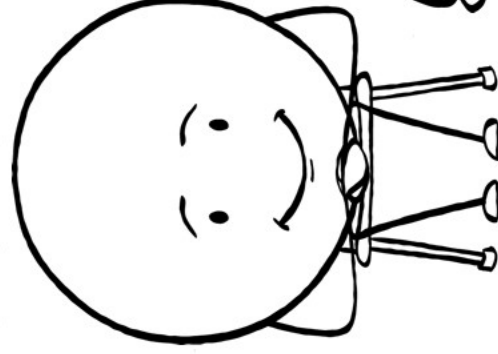
CONGRATULATIONS!

You've been caught

KEEPING A SAFE BODY!

Date

Signature



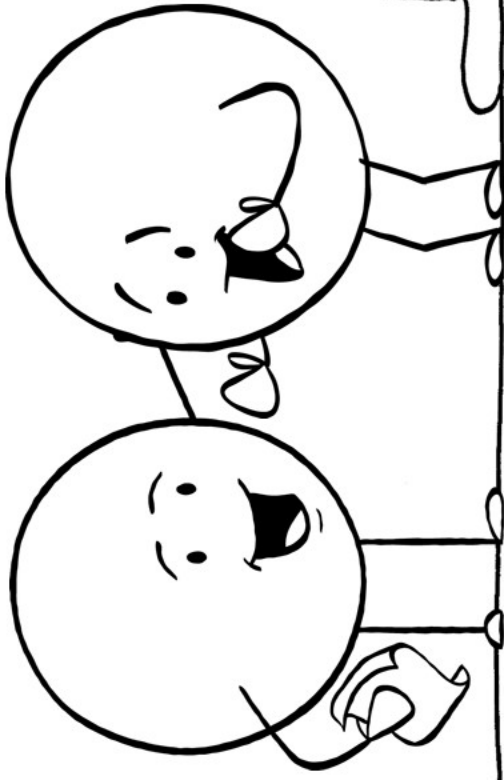
CONGRATULATIONS!

You've been caught

MAKING EYE CONTACT!

Date

Signature



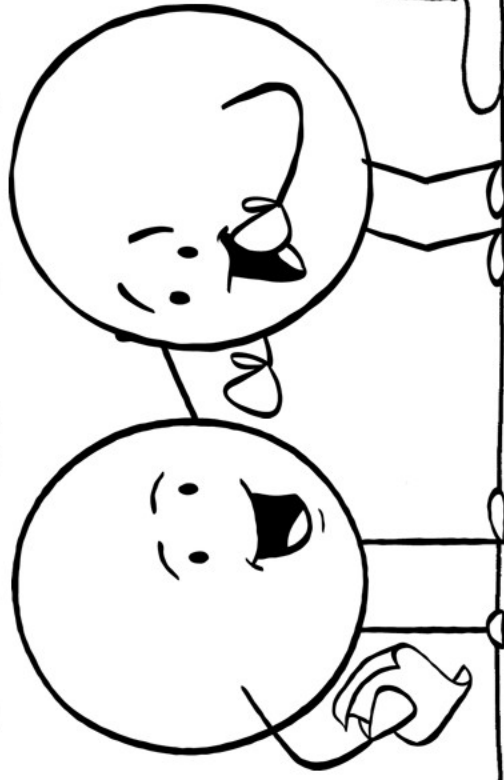
CONGRATULATIONS!

You've been caught

MAKING EYE CONTACT!

Date

Signature

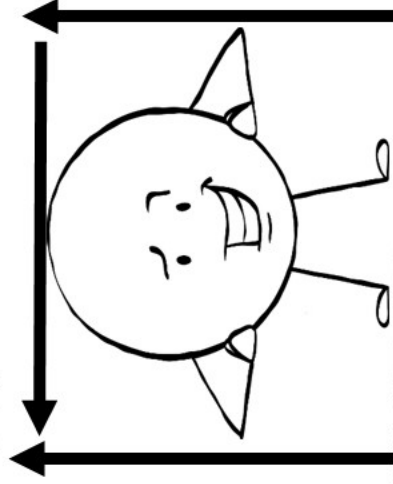


CONGRATULATIONS!

You've been caught
**RESPECTING PERSONAL
SPACE!**

Date

Signature

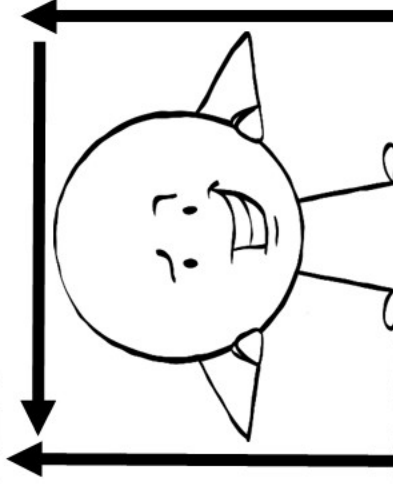


CONGRATULATIONS!

You've been caught
**RESPECTING PERSONAL
SPACE!**

Date

Signature

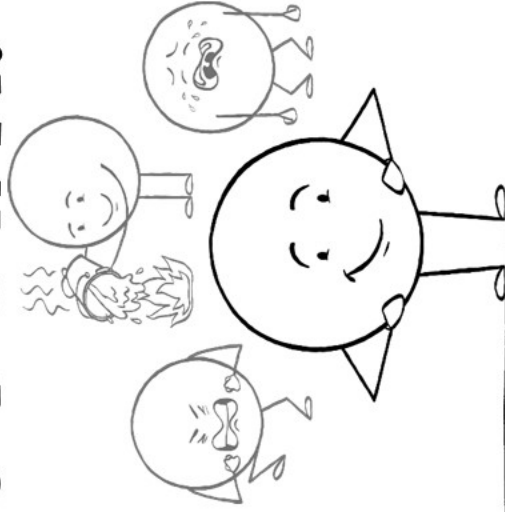


CONGRATULATIONS!

You've been caught
CALMING DOWN!

Date

Signature

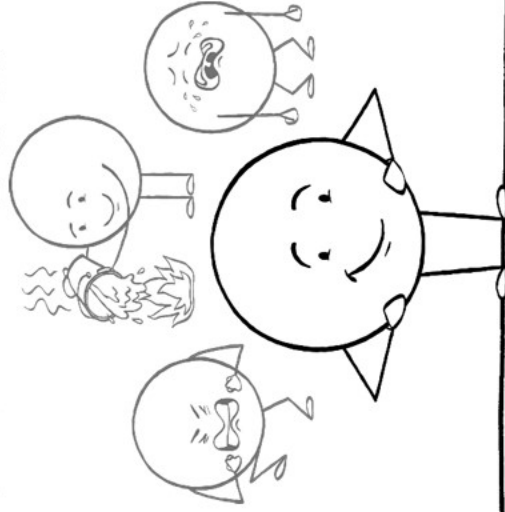


CONGRATULATIONS!

You've been caught
CALMING DOWN!

Date

Signature

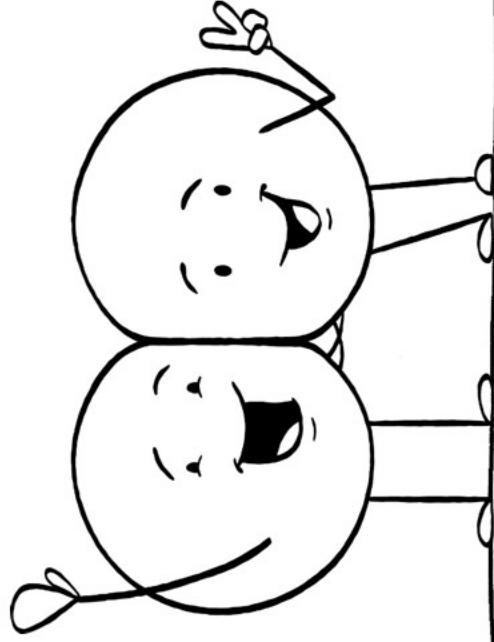


CONGRATULATIONS!

You've been caught
USING I-MESSAGES!

Date

Signature

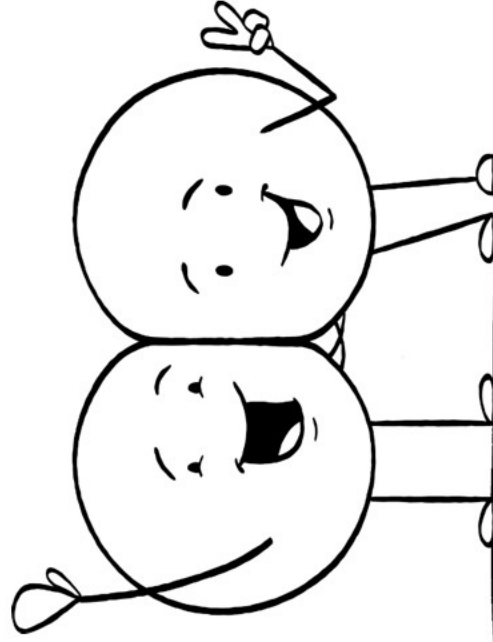


CONGRATULATIONS!

You've been caught
USING I-MESSAGES!

Date

Signature



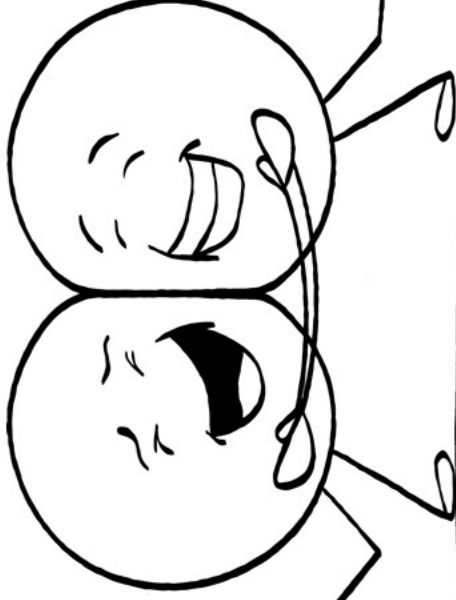
CONGRATULATIONS!

You've been caught

APOLOGIZING!

Date

Signature



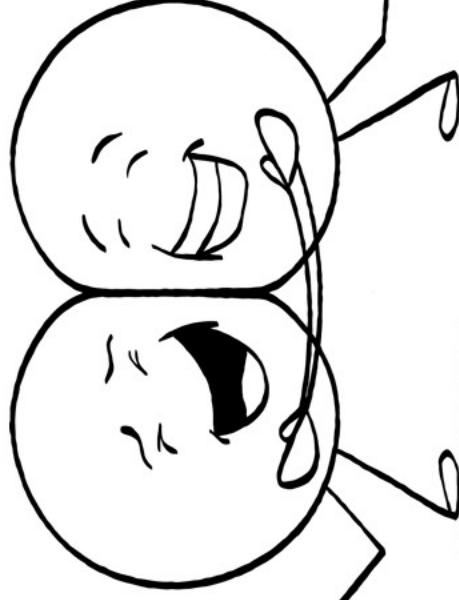
CONGRATULATIONS!

You've been caught

APOLOGIZING!

Date

Signature



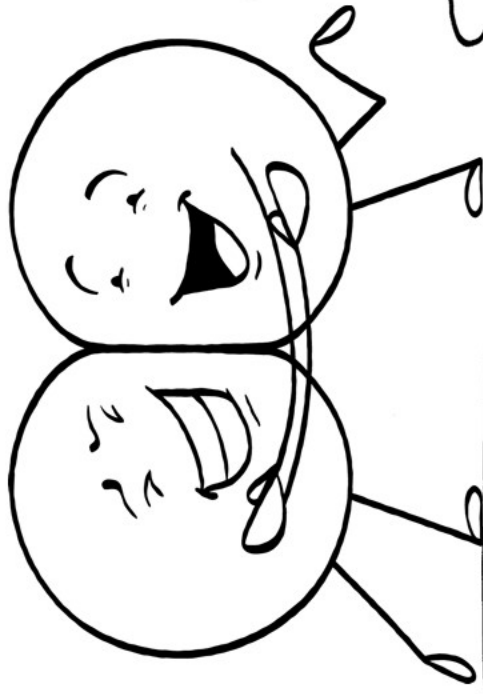
CONGRATULATIONS!

You've been caught

RESPECTING DIFFERENCES!

Date

Signature



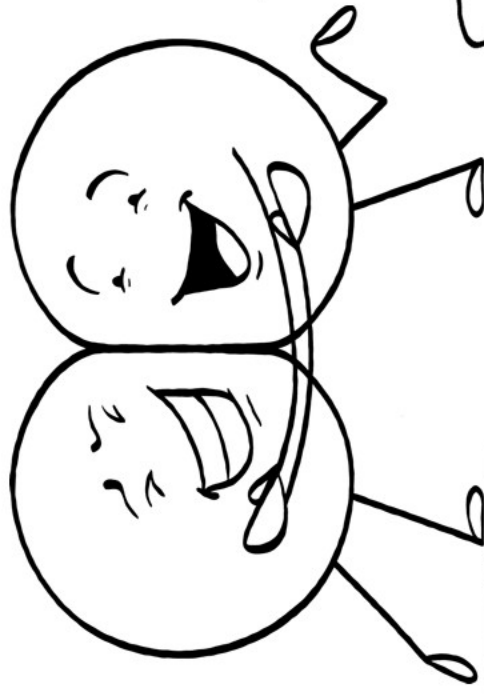
CONGRATULATIONS!

You've been caught

RESPECTING DIFFERENCES!

Date

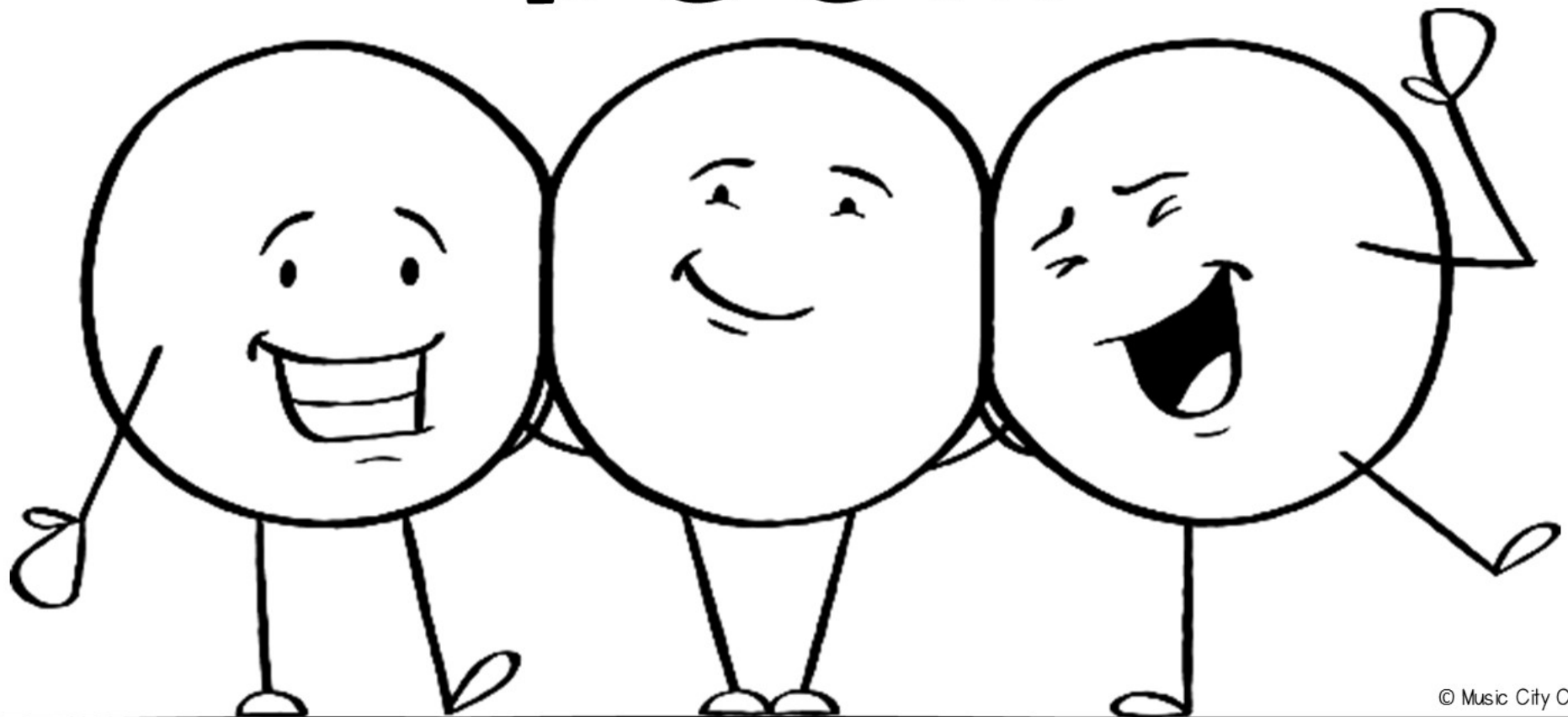
Signature



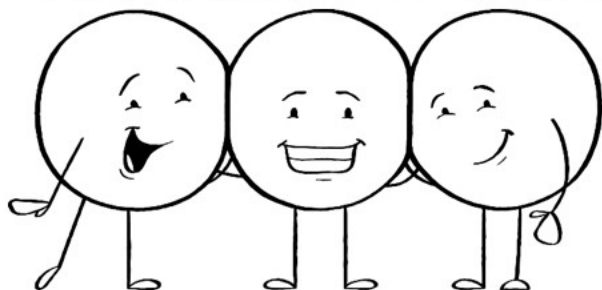
**MY SOCIAL
SKILLS OF THE
MONTH
COLORING BOOK
DOT DUDES**

Name: _____

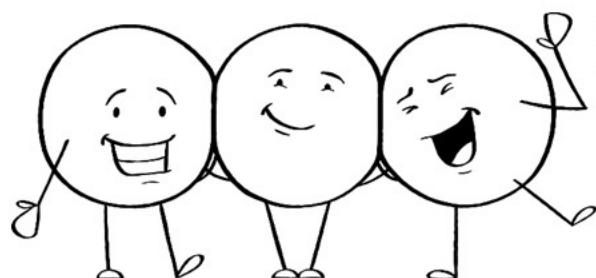
My Social Skills of the month **BOOK!**



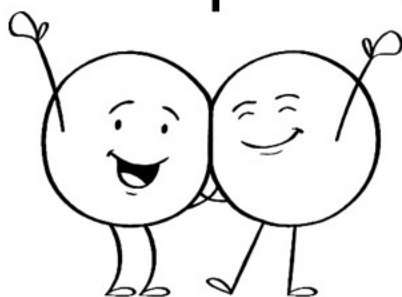
Use Good Manners



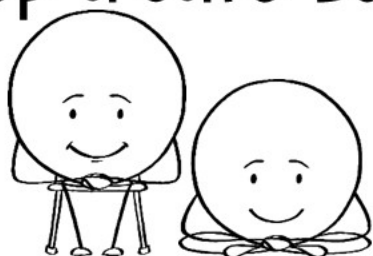
Take Turns



Give Compliments



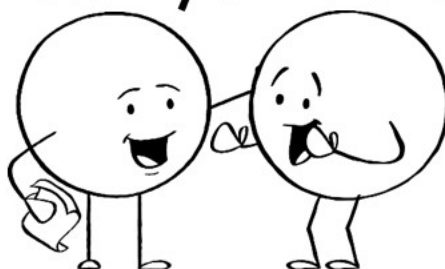
Keep a Safe Body



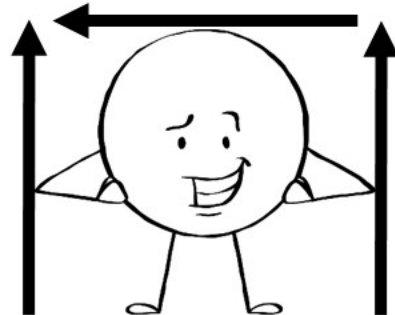
Social Skills

of the month

Make Eye Contact



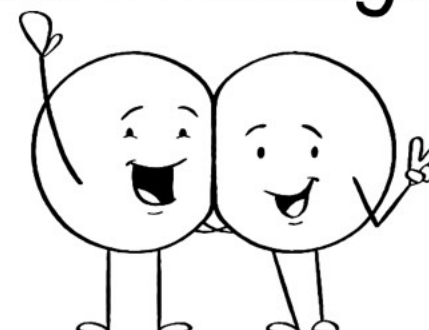
Respect Personal Space



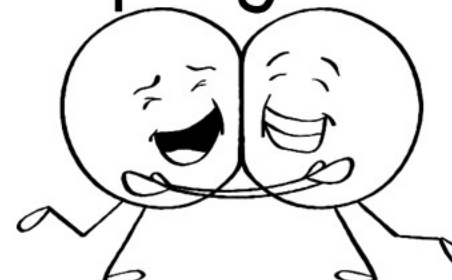
Calm Down



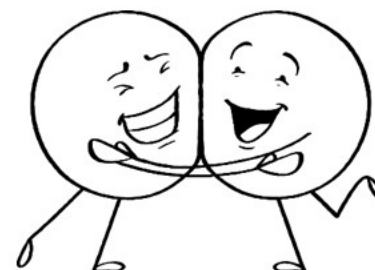
Use I-Messages



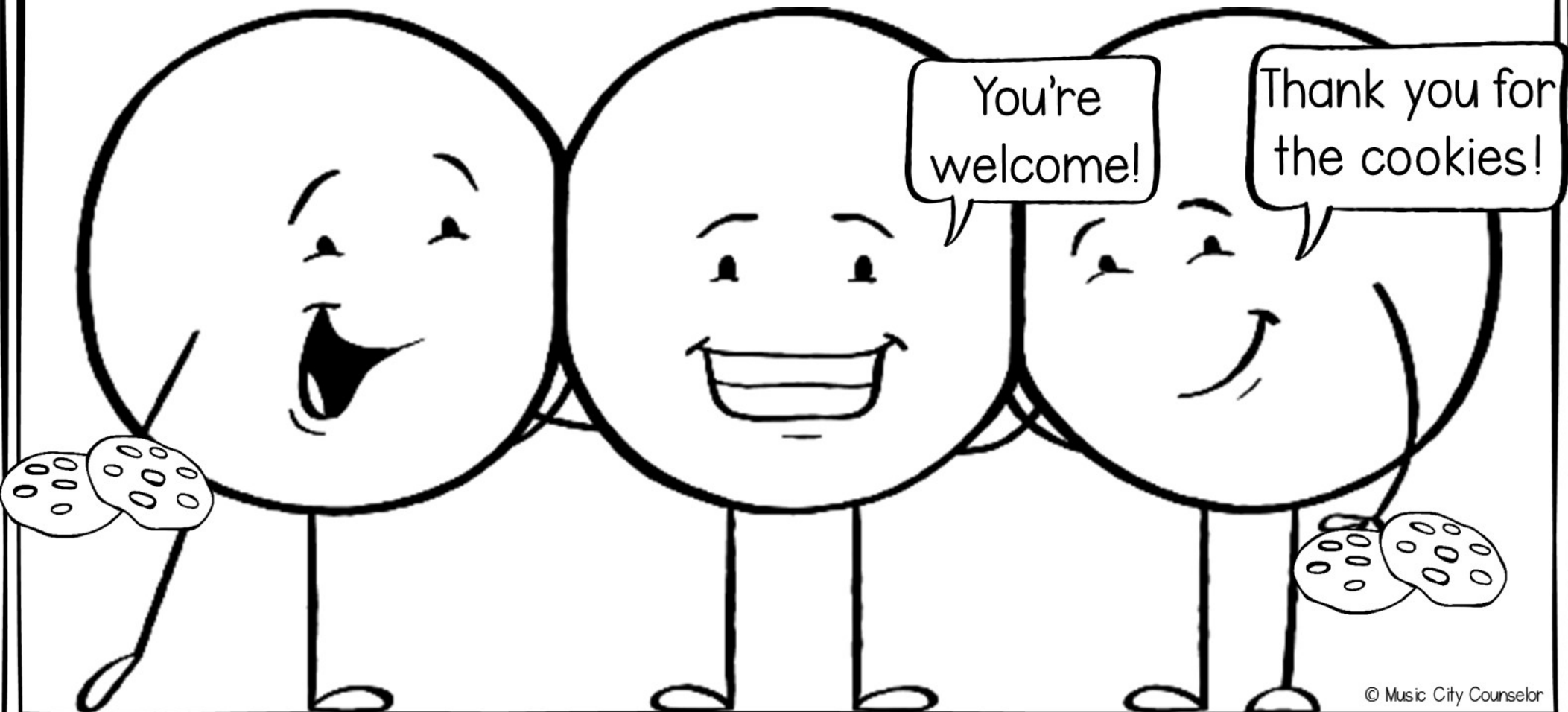
Apologize



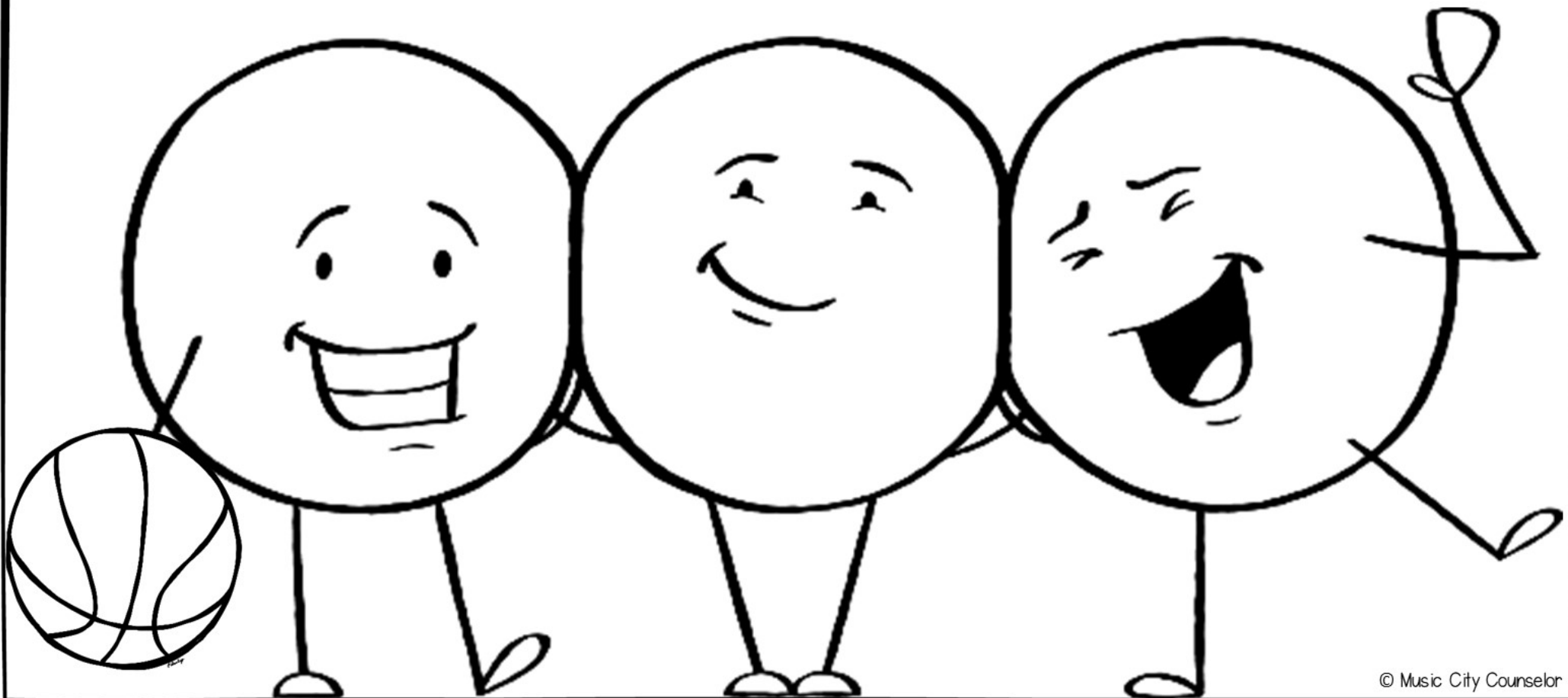
Respect Differences



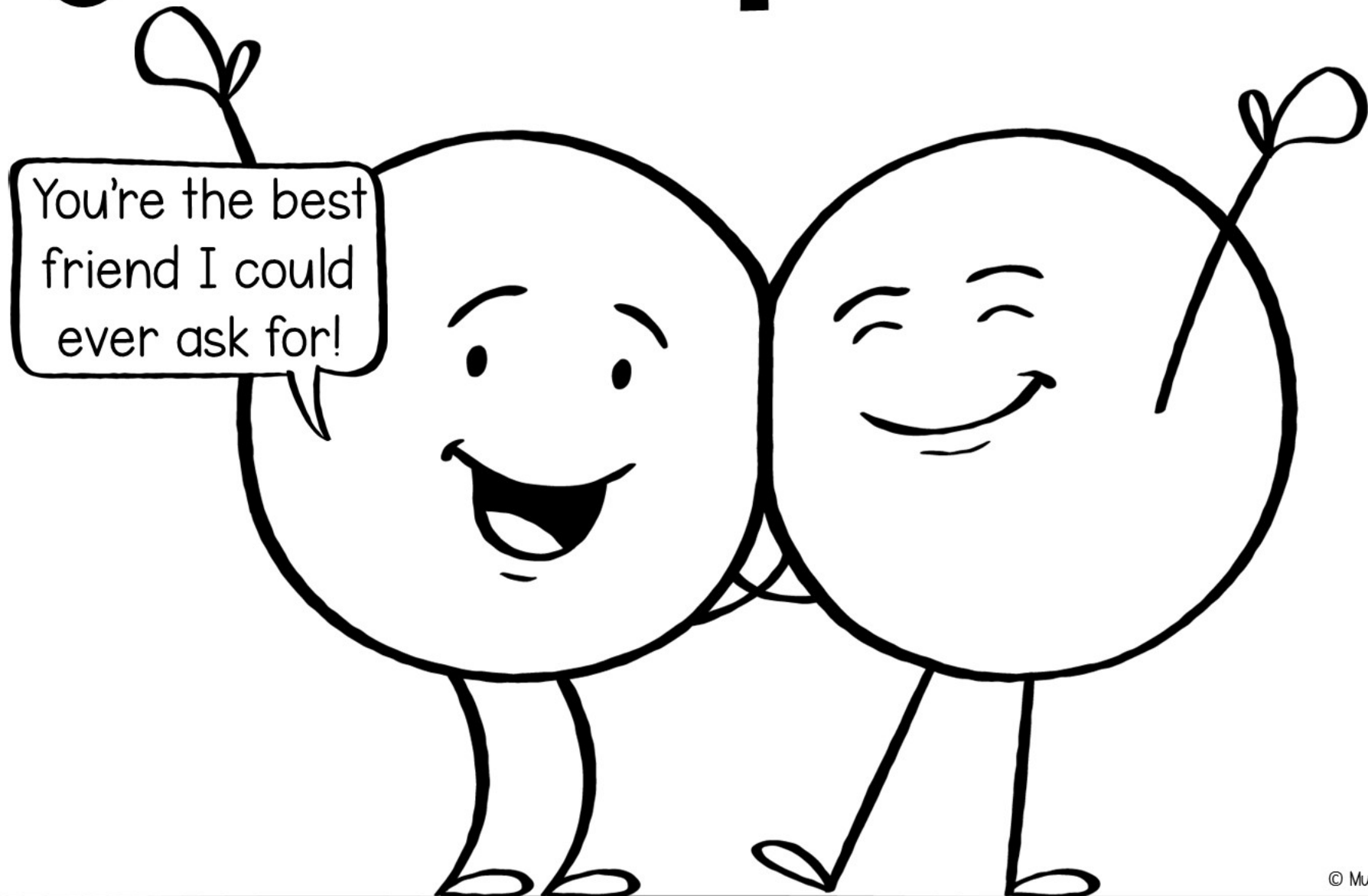
I can
use good manners.



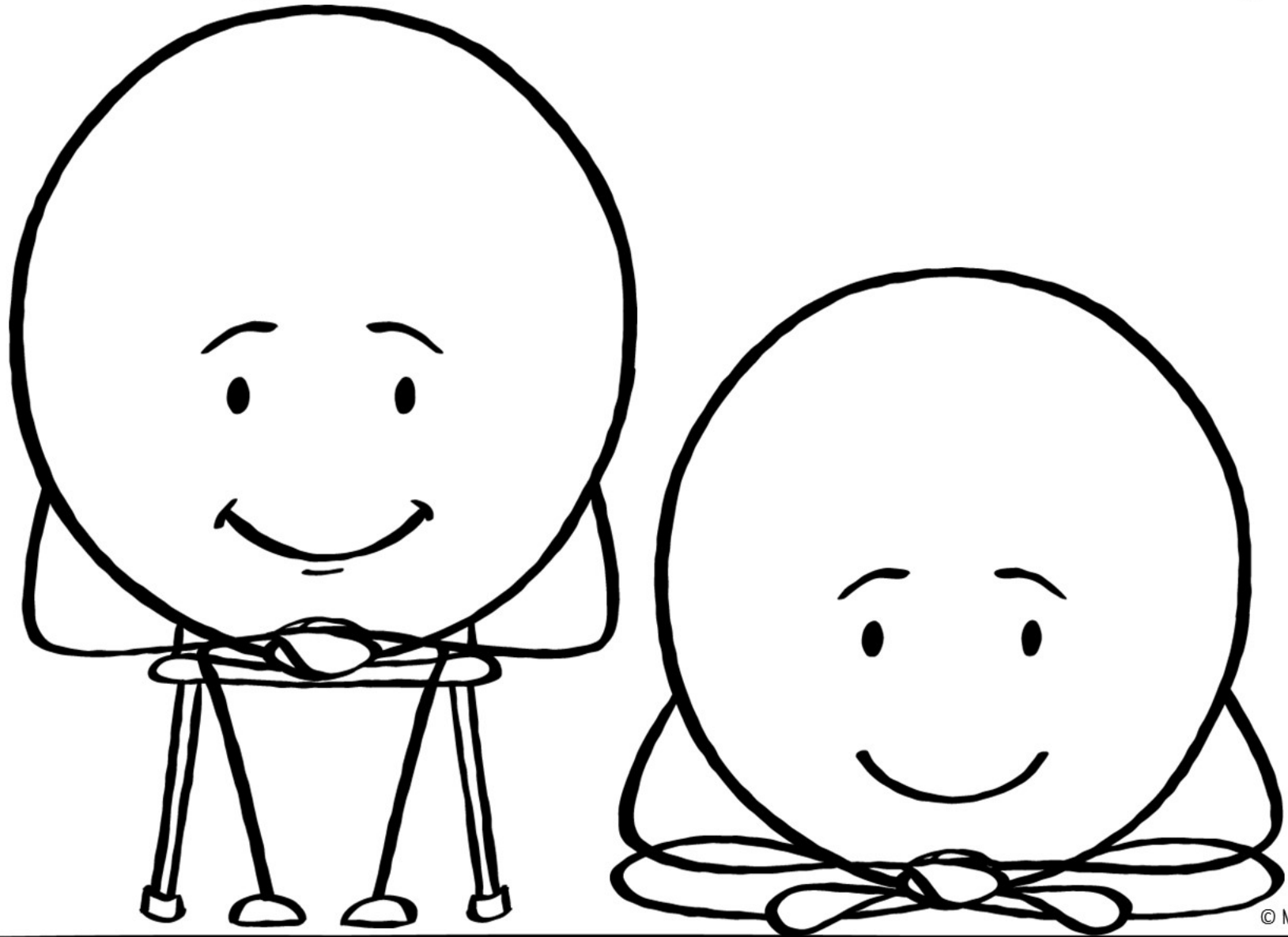
I can
take turns.



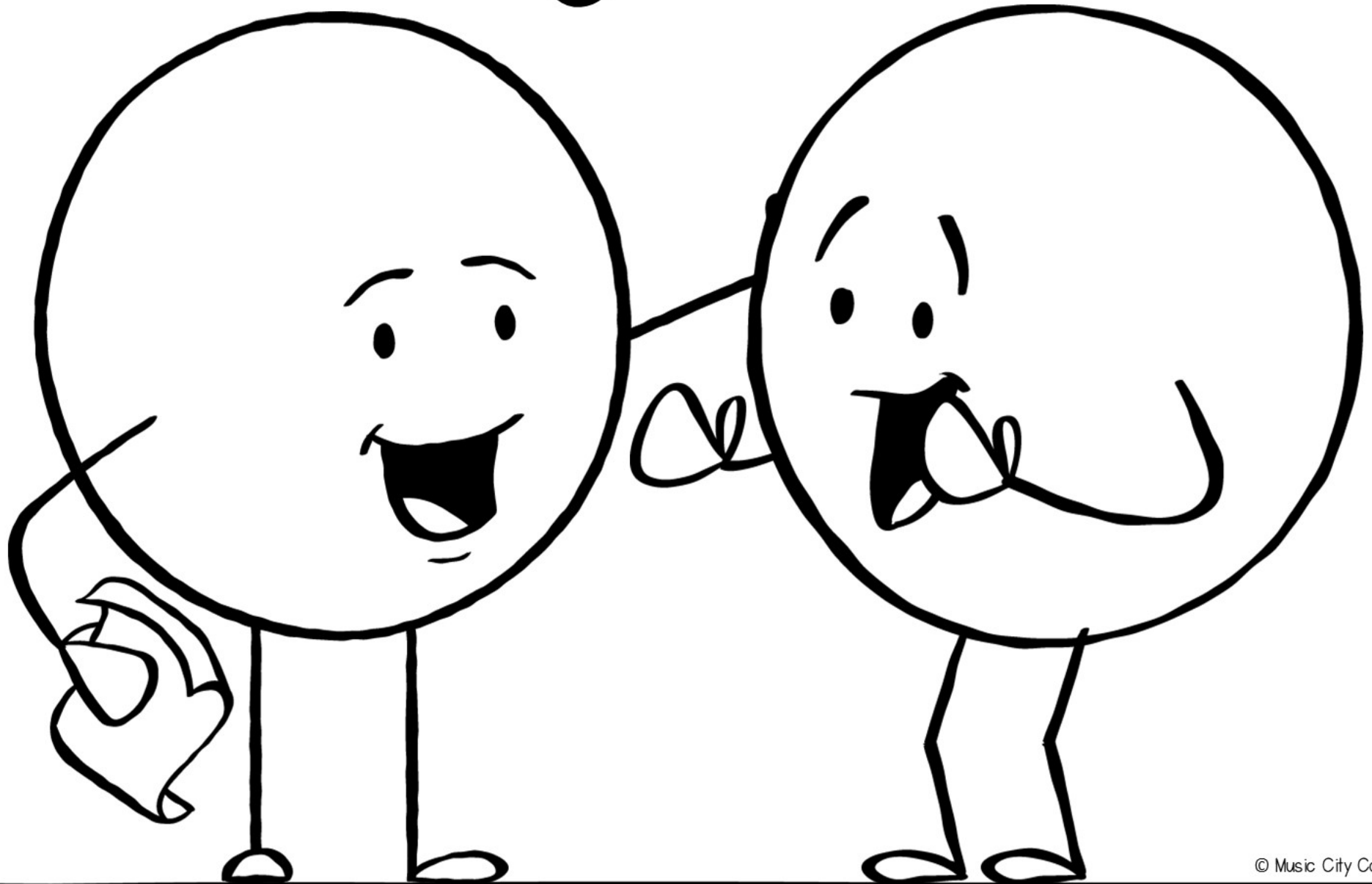
I can
give compliments.



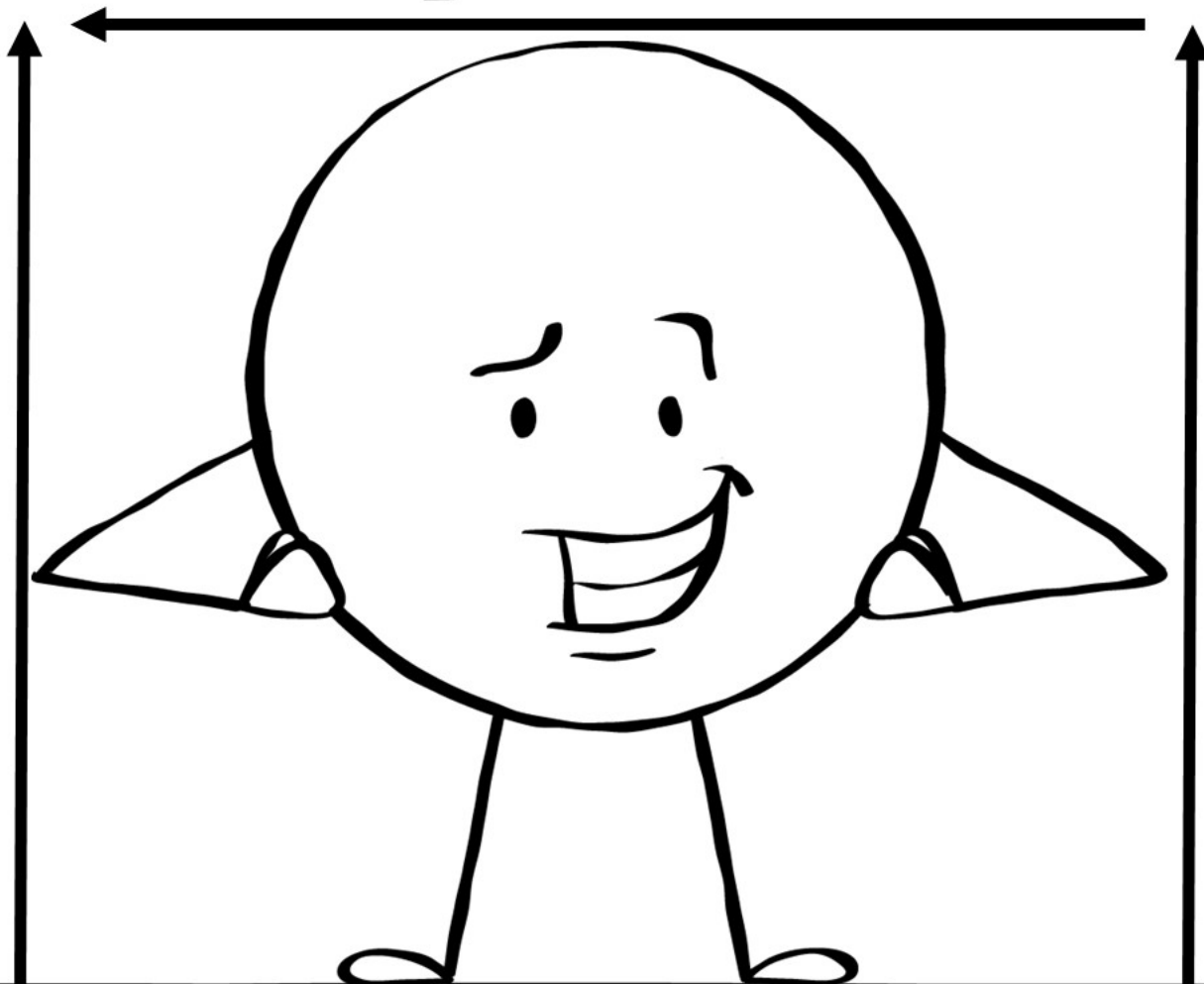
I can
keep a safe body.



I can
make eye contact.



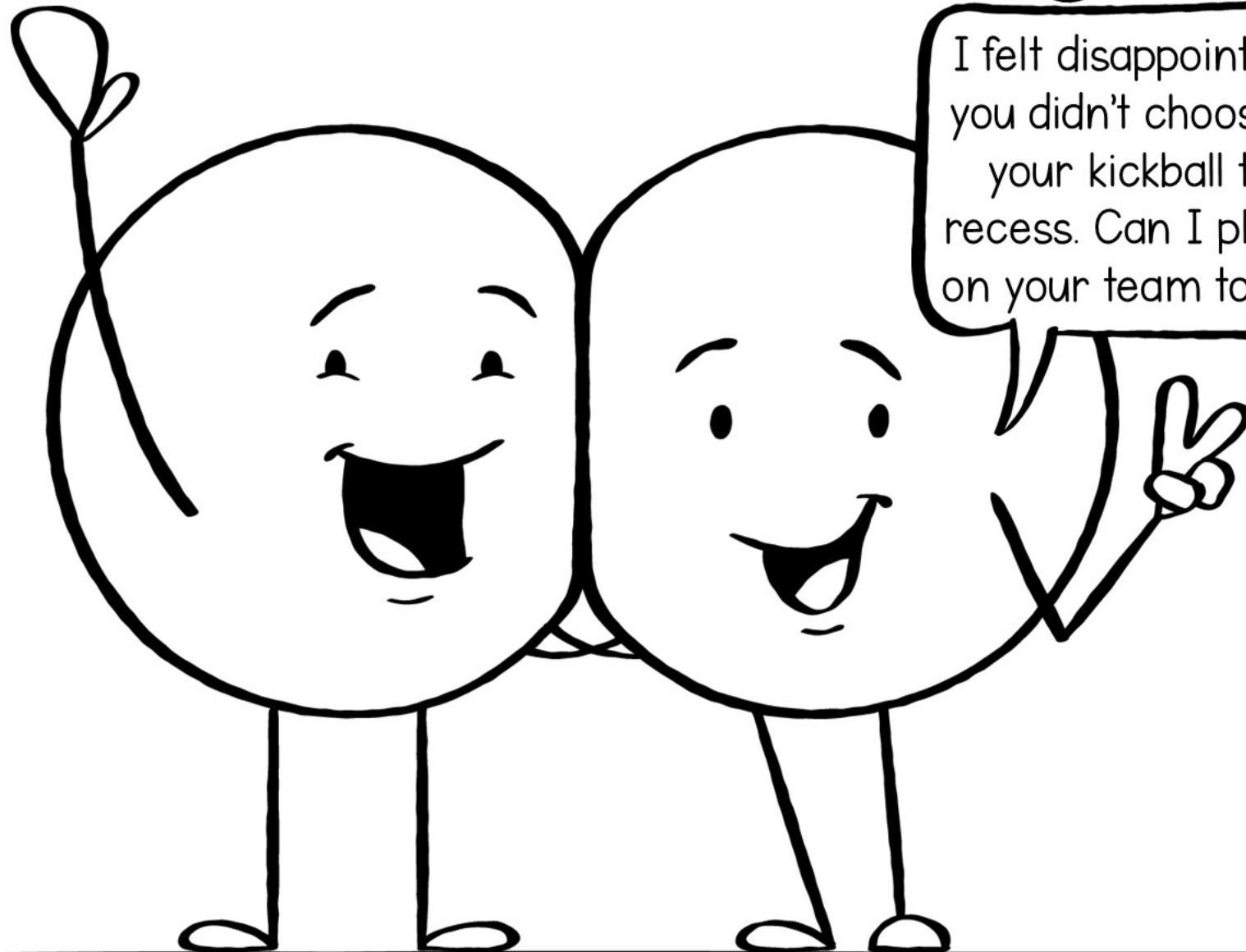
I can
**respect personal
space.**



I can
calm down.



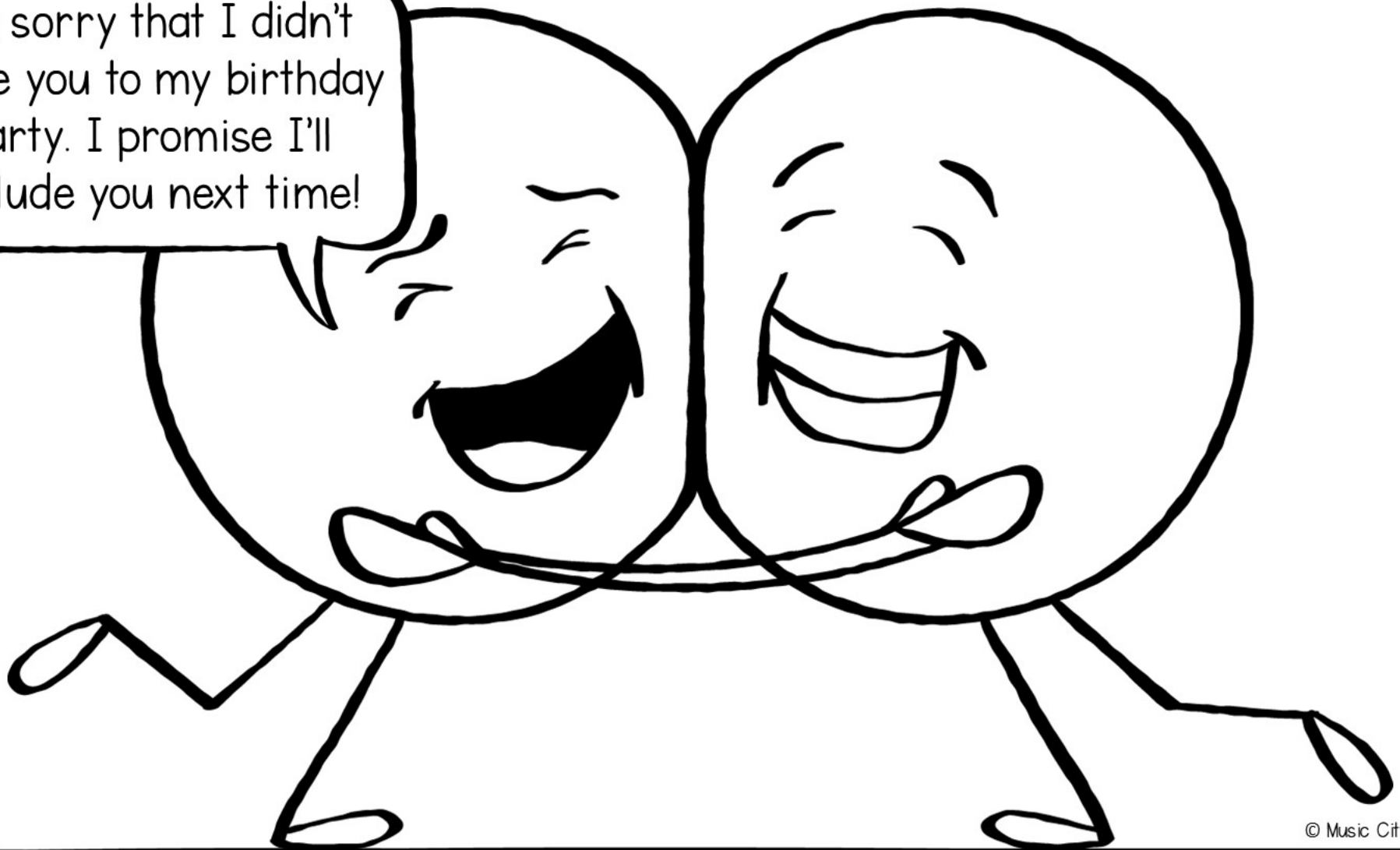
I can use I-Messages.



I felt disappointed when you didn't choose me for your kickball team at recess. Can I please play on your team tomorrow?

I can **apologize.**

I'm sorry that I didn't
invite you to my birthday
party. I promise I'll
include you next time!



I can
respect differences.

